

Örebro Indoor Games 15-16 januari 2011

KFUM Örebro Friidrott arrangerade i Tybblelundshallen

| MÄN 60 M | HEAT 1 | | 2011-01-16 |
|--------------------------|------------------|------|------------|
| 1 Mathias Dufournier -90 | IF Göta | 7.08 | Final |
| 2 Tobias Karlsson -91 | Trollhättans FIK | 7.28 | Final |
| 3 David Tegel -87 | IF Göta | 7.29 | Final |
| 4 Martin Björnsson -96 | Sködinge IF | 7.75 | |
| 5 Joakim Andersson -90 | KFUM Örebro | 7.80 | |
| 6 Mladjen Dzakovic -86 | Sundbybergs IK | 8.14 | |

| MÄN 60 M | HEAT 2 | | |
|-----------------------|------------------|------|-------|
| 1 Tavlon Dautaj -90 | IF Göta | 7.14 | Final |
| 2 Filip Lööv -92 | Kils AIK | 7.18 | Final |
| 3 Mats Boman -85 | IF Åland FIN | 7.26 | Final |
| 4 Daniel Nordmark -93 | Västerås FK | 7.50 | Final |
| 5 Henrik Wikström -93 | Trollhättans FIK | 7.58 | Final |
| 6 Leif Johansson -50 | Kils AIK | 8.71 | |

| MÄN 60 M | FINAL | | 2011-01-16 |
|--------------------------|------------------|------|------------|
| 1 Tavlon Dautaj -90 | IF Göta | 7.09 | |
| 2 Mathias Dufournier -90 | IF Göta | 7.12 | |
| 3 Tobias Karlsson -91 | Trollhättans FIK | 7.25 | |
| 4 Filip Lööv -92 | Kils AIK | 7.26 | |
| 5 Mats Boman -85 | IF Åland FIN | 7.27 | |
| 6 David Tegel -87 | IF Göta | 7.34 | |
| 7 Daniel Nordmark -93 | Västerås FK | 7.47 | |
| 8 Henrik Wikström -93 | Trollhättans FIK | 7.62 | |

| MÄN 200 M | HEAT 1 | | 2011-01-15 |
|------------------------|---------------|-------|------------|
| 1 Joakim Johansson -93 | Tibro AIK FIK | 26.30 | |
| 2 Kamil Feretti -94 | Tibro AIK FIK | 26.78 | |
| 3 Leif Johansson -50 | Kils AIK | 29.44 | |

| MÄN 200 M | HEAT 2 | | |
|-----------------------|------------------|-------|--|
| 1 Tobias Karlsson -91 | Trollhättans FIK | 23.71 | |
| 2 David Tegel -87 | IF Göta | 23.80 | |
| 3 Magnus Jutman -90 | Huddinge AIS | 24.04 | |
| 4 Jesper Svensson -94 | Tibro AIK FIK | 24.56 | |

| MÄN 200 M | HEAT 3 | | |
|------------------------|-----------------|-------|--|
| 1 Erik Hagberg -95 | Upsala IF | 23.54 | |
| 2 Jacob Rhan -94 | Glanshammars IF | 24.11 | |
| 3 Eddy Meyerdirks -95 | IF Hagen | 24.24 | |
| 4 Jakob Kretschmer -69 | IK Ymer | 27.58 | |

| MÄN 200 M | HEAT 4 | | |
|------------------------|------------------|-------|--|
| 1 Filip Lööv -92 | Kils AIK | 22.55 | |
| 2 Viktor Jönsson -92 | Råby-Rekarne FIF | 23.04 | |
| 3 Tomas Olsson -89 | Kils AIK | 23.07 | |
| 4 Niclas Ragneberg -91 | Trollhättans FIK | 23.74 | |

| MÄN 200 M | SAMLAD LISTA | | |
|-------------------------|------------------|-------|--|
| 1 Filip Lööv -92 | Kils AIK | 22.55 | |
| 2 Viktor Jönsson -92 | Råby-Rekarne FIF | 23.04 | |
| 3 Tomas Olsson -89 | Kils AIK | 23.07 | |
| 4 Erik Hagberg -95 | Upsala IF | 23.54 | |
| 5 Tobias Karlsson -91 | Trollhättans FIK | 23.71 | |
| 6 Niclas Ragneberg -91 | Trollhättans FIK | 23.74 | |
| 7 David Tegel -87 | IF Göta | 23.80 | |
| 8 Magnus Jutman -90 | Huddinge AIS | 24.04 | |
| 9 Jacob Rhan -94 | Glanshammars IF | 24.11 | |
| 10 Eddy Meyerdirks -95 | IF Hagen | 24.24 | |
| 11 Jesper Svensson -94 | Tibro AIK FIK | 24.56 | |
| 12 Joakim Johansson -93 | Tibro AIK FIK | 26.30 | |

| | | | |
|----|----------------------|---------------|-------|
| 13 | Kamil Feretti -94 | Tibro AIK FIK | 26.78 |
| 14 | Jakob Kretschmer -69 | IK Ymer | 27.58 |
| 15 | Leif Johansson -50 | Kils AIK | 29.44 |

MÄN 400 M HEAT 1 2011-01-16

| | | | |
|---|----------------------|-----------|-------|
| 1 | Qadar Idris -93 | Upsala IF | 56.25 |
| 2 | Robert Limo -82 | IK Ymer | 56.32 |
| 3 | Jakob Kretschmer -69 | IK Ymer | 60.64 |

MÄN 400 M HEAT 2

| | | | |
|---|-----------------------------|---------------|-------|
| 1 | Fabian Rosenquist -91 | GoIF Tjalve | 50.39 |
| 2 | Einar Inge Aschim Aasen -82 | IK Tjalve NOR | 50.70 |
| 3 | Tomas Olsson -89 | Kils AIK | 51.67 |
| 4 | Mattias Bäckman -91 | Bollnäs FIK | 51.71 |

MÄN 400 M SAMLAD LISTA

| | | | |
|---|-----------------------------|---------------|-------|
| 1 | Fabian Rosenquist -91 | GoIF Tjalve | 50.39 |
| 2 | Einar Inge Aschim Aasen -82 | IK Tjalve NOR | 50.70 |
| 3 | Tomas Olsson -89 | Kils AIK | 51.67 |
| 4 | Mattias Bäckman -91 | Bollnäs FIK | 51.71 |
| 5 | Qadar Idris -93 | Upsala IF | 56.25 |
| 6 | Robert Limo -82 | IK Ymer | 56.32 |
| 7 | Jakob Kretschmer -69 | IK Ymer | 60.64 |

MÄN 800 M 2011-01-15

| | | | |
|---|------------------------|------------------|---------|
| 1 | Erik Inge -92 | Råby-Rekarne FIF | 2.00,36 |
| 2 | Tim Sundström -89 | KFUM Örebro | 2.00,41 |
| 3 | Robert Limo -82 | IK Ymer | 2.06,89 |
| 4 | Joshua Schultheiss -93 | Tibro AIK FIK | 2.06,95 |
| 5 | Sören Forsberg -63 | IF Start | 2.20,39 |

MÄN 60 M HÄCK 2011-01-15

| | | | |
|---|-----------------------|-------------|------------|
| 1 | Filip Lööv -92 | Kils AIK | 8.43 |
| 2 | Fabian Rosenquist -91 | GoIF Tjalve | 8.70 |
| 3 | Lucas Kramer -93 | IF Göta | 8.85 100cm |

MÄN HÖJD 2011-01-15

| | | | |
|---|-------------------------|-------------|------|
| 1 | Carl Håkansson -92 | IF Göta | 1.96 |
| 2 | Douglas Stenberg -90 | IF Göta | 1.89 |
| 3 | Petter Billinger -91 | KFUM Örebro | 1.83 |
| 4 | Sebastian Johansson -89 | KFUM Örebro | 1.80 |
| 5 | Joakim Andersson -90 | KFUM Örebro | 1.71 |

| | | | | | | | | | | | | | | | |
|---------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 153 | 158 | 163 | 168 | 171 | 174 | 177 | 180 | 183 | 186 | 189 | 192 | 194 | 196 | 198 |
| Douglas Stenberg | | | | | | | | | | xo | o | xxx | | | |
| Sebastian Johansson | | | | o | xo | o | xo | xxo | xxx | | | | | | |
| Joakim Andersson | o | o | o | xo | o | xxx | | | | | | | | | |
| Carl Håkansson | | | | | | | o | | o | xo | o | o | xo | o | xxx |
| Petter Billinger | | | | | | | xo | xo | xo | xxo | xxx | | | | |

MÄN STAV 2011-01-16

| | | | |
|---|-------------------------------|-----------------|------|
| 1 | Erik Thorstensson -89 | Spårvägens FK | 4.60 |
| 2 | Per Drageryd -91 | KFUM Örebro | 4.50 |
| 3 | Oskar Norström -93 | Stocksätters IF | 4.20 |
| 4 | Dennis Fransson-Bergetoft -92 | KFUM Örebro | 4.10 |
| 5 | Joakim Andersson -90 | KFUM Örebro | 3.30 |
| - | David Carlsson -90 | Östhammar FI | 0.00 |
| - | Axel Frisé -93 | Stocksätters IF | 0.00 |

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|---------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 320 | 330 | 340 | 380 | 390 | 410 | 420 | 430 | 440 | 450 | 460 | 480 |
| David Carlsson | | | | xxx | | | | | | | | |
| Axel Frisé | | | | | xxx | | | | | | | |
| Joakim Andersson | o | o | xxx | | | | | | | | | |
| Per Drageryd | | | | | | xo | o | xxo | xxo | xx- | | |
| Dennis Fransson-Bergetoft | | | | | | | o | - | xxx | | | |
| Erik Thorstensson | | | | | | | | | | xo | xxx | |
| Oskar Norström | | | | | | xo | - | xxx | | | | |

| MÄN LÄNGD | | 2011-01-15 | | | |
|-----------|------------------------|------------------|--|------|--|
| 1 | Andreas Otterling -86 | KFUM Örebro | | 7.57 | |
| 2 | David Frykholm -80 | IF Göta | | 7.23 | |
| 3 | Johan Taleus -94 | Eskilstuna FI | | 7.20 | |
| 4 | Hugo Jansson -92 | Glanshammars IF | | 7.09 | |
| 5 | Adam Ståhlberg -91 | Örbyhus IF | | 6.85 | |
| 6 | Gabriel Berg -82 | KFUM Örebro | | 6.45 | |
| 7 | Joakim Andersson -90 | KFUM Örebro | | 6.36 | |
| 8 | Niklas Lundberg -84 | Alvesta FI | | 5.89 | |
| 9 | Henrik Wikström -93 | Trollhättans FIK | | 5.75 | |
| 10 | Mladjen Dzakovic -86 | Sundbybergs IK | | 5.63 | |
| 11 | Adam Nyberg -92 | Glanshammars IF | | 5.49 | |
| 12 | Joakim Johansson -93 | Tibro AIK FIK | | 5.24 | |
| 13 | Joshua Schultheiss -93 | Tibro AIK FIK | | 5.01 | |
| 14 | Rebwar Al Khalid -93 | Eskilstuna FI | | 4.60 | |

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|--------------------|-----|-----|-----|-----|-----|-----|
| Mladjen Dzakovic | 543 | x | 563 | | | |
| Rebwar Al Khalid | x | 460 | 453 | | | |
| Niklas Lundberg | 570 | 582 | x | 552 | 589 | x |
| Johan Taleus | 703 | 706 | 696 | 701 | 720 | 688 |
| Joakim Johansson | 524 | 512 | 494 | | | |
| Andreas Otterling | 751 | x | 738 | 757 | - | x |
| Adam Ståhlberg | x | 647 | x | x | x | 685 |
| Gabriel Berg | x | x | 616 | 645 | x | x |
| Joakim Andersson | 636 | 634 | 618 | 619 | - | x |
| Adam Nyberg | 492 | 549 | 524 | | | |
| David Frykholm | x | 713 | 721 | 715 | 723 | x |
| Hugo Jansson | 709 | 709 | 705 | x | - | - |
| Henrik Wikström | 551 | 575 | 573 | | | |
| Joshua Schultheiss | 498 | 462 | 501 | | | |

| MÄN TRESTEG | | 2011-01-16 | | | |
|-------------|-------------------------|----------------|--|-------|--|
| 1 | Mladjen Dzakovic -86 | Sundbybergs IK | | 13.12 | |
| 2 | Sebastian Johansson -89 | KFUM Örebro | | 12.22 | |
| - | Mattias Karlsson -92 | Västerås FK | | 0.00 | |

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|---------------------|------|------|------|------|------|------|
| Sebastian Johansson | 1198 | 1222 | 1191 | 1192 | 1175 | 1177 |
| Mladjen Dzakovic | 1028 | 1267 | 1307 | x | 1288 | 1312 |
| Mattias Karlsson | x | x | - | - | - | - |

| MÄN KULA | | 2011-01-15 | | | |
|----------|-----------------------|-------------|--|-------|--|
| 1 | Anders Holmström -78 | KFUM Örebro | | 15.53 | |
| 2 | Per Östlund -61 | Hässelby SK | | 13.29 | |
| 3 | Jiannis Smalios -87 | KFUM Örebro | | 13.10 | |
| 4 | Alex Larsson -94 | Uppsala IF | | 12.77 | |
| 5 | Magnus Håkansson -70 | Valbo AIF | | 12.56 | |
| 6 | Douglas Stenberg -90 | IF Göta | | 12.46 | |
| 7 | Fabian Rosenquist -91 | GoIF Tjalve | | 11.56 | |
| 8 | Axel Lönegren -94 | Uppsala IF | | 11.06 | |
| 9 | Hampus Bergman -87 | KFUM Örebro | | 10.27 | |
| 10 | Torgny Lindkvist -62 | Wedevågs IF | | 10.14 | |

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|-------------------|------|------|------|------|------|------|
| Axel Lönegren | 1106 | 1066 | 1089 | 1048 | 1079 | 1102 |
| Anders Holmström | 1478 | 1473 | 1500 | 1543 | 1553 | 1484 |
| Per Östlund | 1248 | 1270 | 1311 | 1316 | 1329 | 1324 |
| Hampus Bergman | 982 | x | 1027 | | | |
| Alex Larsson | 1233 | x | 1277 | x | 1220 | 1275 |
| Torgny Lindkvist | 1002 | x | 1014 | | | |
| Douglas Stenberg | 1173 | 1175 | 1246 | x | | |
| Magnus Håkansson | x | x | 1256 | x | x | x |
| Fabian Rosenquist | 1156 | 1154 | 1120 | 1130 | 1141 | 1140 |
| Jiannis Smalios | 1236 | 1310 | x | x | x | x |

| P17 60 M | | HEAT 1 | | 2011-01-15 | |
|----------|---------------------|-----------------|--|------------|-------|
| 1 | Erik Hagberg -95 | Uppsala IF | | 7.22 | Final |
| 2 | Sami Gassan -95 | Eskilstuna FI | | 7.55 | Final |
| 3 | Jacob Rhan -94 | Glanshammars IF | | 7.62 | Final |
| 4 | Henrik Hultgren -95 | KFUM Örebro | | 7.81 | Final |
| 5 | Kamil Feretti -94 | Tibro AIK FIK | | 7.99 | |

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|-------------------------|---------------|------|-------|
| P17 60 M | HEAT 2 | | |
| 1 Eddy Meyerdirks -95 | IF Hagen | 7.44 | Final |
| 2 Abdi Aziz Warsame -95 | Eskilstuna FI | 7.60 | Final |
| 3 Axel Lönegren -94 | Upsala IF | 7.61 | Final |
| 4 Jimmy Pettersson -94 | Sköllersta IF | 7.90 | Final |

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|-------------------------|-----------------|----------|------------|
| P17 60 M | FINAL | | 2011-01-15 |
| 1 Erik Hagberg -95 | Upsala IF | 7.15 | |
| 2 Eddy Meyerdirks -95 | IF Hagen | 7.40 | |
| 3 Abdi Aziz Warsame -95 | Eskilstuna FI | 7.46 | |
| 4 Sami Gassan -95 | Eskilstuna FI | 7.58 | |
| 5 Jacob Rhan -94 | Glanshammars IF | 7.63 | |
| 6 Jimmy Pettersson -94 | Sköllersta IF | 7.93 | |
| - Henrik Hultgren -95 | KFUM Örebro | ej start | |
| - Axel Lönegren -94 | Upsala IF | ej start | |

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|-------------------------|------------------|--------------|------------|
| P17 400 M | HEAT 1 | | 2011-01-16 |
| 1 Abdi Aziz Warsame -95 | Eskilstuna FI | 52.16 | |
| 2 Sami Gassan -95 | Eskilstuna FI | 54.70 | |
| - Kevin Hermansson -95 | Trollhättans FIK | diskv F4.2.9 | |

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|-------------------------|----------------|-------|--|
| P17 400 M | HEAT 2 | | |
| 1 Carl Sjöstedt -94 | IF Göta | 52.08 | |
| 2 Petter Kroon -94 | KFUM Örebro | 55.42 | |
| 3 Fredrik Orrsveden -95 | Sundbybergs IK | 56.19 | |
| 4 Max Gålnander -94 | Upsala IF | 56.78 | |

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|-------------------------|----------------|-------|--|
| P17 400 M | SAMLAD LISTA | | |
| 1 Carl Sjöstedt -94 | IF Göta | 52.08 | |
| 2 Abdi Aziz Warsame -95 | Eskilstuna FI | 52.16 | |
| 3 Sami Gassan -95 | Eskilstuna FI | 54.70 | |
| 4 Petter Kroon -94 | KFUM Örebro | 55.42 | |
| 5 Fredrik Orrsveden -95 | Sundbybergs IK | 56.19 | |
| 6 Max Gålnander -94 | Upsala IF | 56.78 | |

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|-------------------------|------------------|---------|------------|
| P17 1500 M | | | 2011-01-15 |
| 1 Fredrik Orrsveden -95 | Sundbybergs IK | 4.33,66 | |
| 2 Kevin Hermansson -95 | Trollhättans FIK | 4.34,99 | |
| 3 Nicklas Arvidsson -95 | IK Westmannia | 5.03,94 | |
| 4 Samuel Spjut -95 | Frövi IK | 5.23,41 | |
| - Robert Limo -82 | IK Ymer | 4.30,20 | ut.tävl |

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|---------------------|---------------|------|------------|
| P17 60 M HÄCK | | | 2011-01-16 |
| 1 Carl Sjöstedt -94 | IF Göta | 8.86 | |
| 2 Sami Gassan -95 | Eskilstuna FI | 9.91 | |

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|-------------------------|--------------|------|------------|
| P17 HÖJD | | | 2011-01-15 |
| 1 Edvin Heggemann -94 | KFUM Örebro | 1.83 | |
| 2 Max Andersson -95 | Tierps IF FI | 1.80 | |
| 3 Philip Capobianco -95 | KFUM Örebro | 1.71 | |

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|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 153 | 158 | 163 | 168 | 171 | 174 | 177 | 180 | 183 | 186 |
| Edvin Heggemann | | | | | | o | o | o | xo | xxx |
| Max Andersson | | | | | | o | xo | o | xxx | |
| Philip Capobianco | xo | o | xxo | o | xxx | | | | | |

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|------------------------|------------------|------|--|------------|
| P17 LÄNGD | | | | 2011-01-16 |
| 1 Max Andersson -95 | Tierps IF FI | 6.33 | | |
| 2 Jesper Svensson -94 | Tibro AIK FIK | 6.17 | | |
| 3 Noak Ringman -95 | IK Norrköping FI | 5.70 | | |
| 4 Daniel Börjesson -95 | Trollhättans FIK | 5.67 | | |
| 5 Niclas Wallin -94 | KFUM Örebro | 5.21 | | |
| 6 Jimmy Pettersson -94 | Sköllersta IF | 4.39 | | |

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|------------------|-----|-----|-----|-----|-----|-----|
| Niclas Wallin | 521 | 484 | 469 | 496 | 472 | 508 |
| Max Andersson | 602 | 608 | 595 | 602 | 620 | 633 |
| Daniel Börjesson | x | 567 | 425 | x | 560 | 561 |
| Jimmy Pettersson | 367 | x | 397 | 428 | 274 | 439 |
| Noak Ringman | x | x | 570 | - | x | 445 |
| Jesper Svensson | x | - | x | 584 | - | 617 |

P17 KULA 5,0

2011-01-15

| | | | |
|---|---------------------|---------------|-------|
| 1 | Alex Larsson -94 | Upsala IF | 15.29 |
| 2 | Axel Lönegren -94 | Upsala IF | 14.93 |
| 3 | Erik Hagberg -95 | Upsala IF | 12.65 |
| 4 | Kamil Feretti -94 | Tibro AIK FIK | 11.32 |
| 5 | Jesper Svensson -94 | Tibro AIK FIK | 10.60 |

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|-----------------|------|------|------|------|------|------|
| Erik Hagberg | 1222 | 1218 | 1220 | 1265 | 1153 | 1241 |
| Jesper Svensson | 1033 | 1044 | 1060 | 1059 | 994 | 1045 |
| Kamil Feretti | 1132 | 1118 | 1096 | x | 1037 | x |
| Axel Lönegren | 1310 | x | x | x | 1359 | 1493 |
| Alex Larsson | x | x | x | 1460 | 1529 | x |

P15 60 M

HEAT 1

2011-01-15

| | | | | |
|---|---------------------------|-----------------|----------|-------|
| 1 | Alexander Thunberg -96 | IK Stål | 7.88 | Final |
| 2 | Josef Bergström Raouf -97 | Upsala IF | 8.13 | Final |
| 3 | Joakim Askebjør -97 | Åkersberga SK | 8.46 | Final |
| 4 | David Svensson -97 | Stocksätters IF | 9.43 | |
| - | William Gunnarsson -97 | KFUM Örebro | ej start | |
| - | Rasmus Bergman -96 | Sundbybergs IK | ej start | |

P15 60 M

HEAT 2

| | | | | |
|---|----------------------|----------------|---------------|-------|
| 1 | Markus Holmström -96 | IF Hagen | 7.69 | Final |
| 2 | Tao Maiwan -96 | Sundbybergs IK | 8.19 | Final |
| 3 | Erik Andersson -97 | Wedevågs IF | 8.38 | Final |
| 4 | Karl Pettersson -96 | Sundbybergs IK | 8.41 | Final |
| 5 | Edwin Sahlin -97 | Västerås FK | 8.69 | Final |
| - | Pontus Attåsen -96 | Upsala IF | diskv F4.3.15 | |

P15 60 M

FINAL

2011-01-15

| | | | |
|---|---------------------------|----------------|------|
| 1 | Markus Holmström -96 | IF Hagen | 7.58 |
| 2 | Alexander Thunberg -96 | IK Stål | 7.88 |
| 3 | Tao Maiwan -96 | Sundbybergs IK | 8.02 |
| 4 | Josef Bergström Raouf -97 | Upsala IF | 8.11 |
| 5 | Karl Pettersson -96 | Sundbybergs IK | 8.25 |
| 6 | Erik Andersson -97 | Wedevågs IF | 8.32 |
| 7 | Joakim Askebjør -97 | Åkersberga SK | 8.42 |
| 8 | Edwin Sahlin -97 | Västerås FK | 8.52 |

P15 200 M

HEAT 1

2011-01-16

| | | | |
|---|----------------------|-----------------|-------|
| 1 | Tao Maiwan -96 | Sundbybergs IK | 26.15 |
| 2 | Jesper Frykholm -96 | Glanshammars IF | 26.51 |
| 3 | Maximilian Markl -96 | IK Westmannia | 26.88 |

P15 200 M

HEAT 2

| | | | |
|---|----------------------------|----------------|-------|
| 1 | Anton Johansson -96 | KFUM Örebro | 25.09 |
| 2 | Erik Andersson -97 | Wedevågs IF | 27.59 |
| 3 | Santiago Wilkman -96 | Sundbybergs IK | 28.25 |
| 4 | Jacob Eriksson Viklund -97 | Sundbybergs IK | 29.62 |

P15 200 M

HEAT 3

| | | | |
|---|---------------------------|--------------|-------|
| 1 | Martin Björnsson -96 | Sköldinge IF | 23.99 |
| 2 | Victor Björklund -96 | Upsala IF | 25.71 |
| 3 | Josef Bergström Raouf -97 | Upsala IF | 26.13 |
| 4 | William Gunnarsson -97 | KFUM Örebro | 26.53 |

P15 200 M

SAMLAD LISTA

| | | | |
|----|----------------------------|-----------------|-------|
| 1 | Martin Björnsson -96 | Sköldinge IF | 23.99 |
| 2 | Anton Johansson -96 | KFUM Örebro | 25.09 |
| 3 | Victor Björklund -96 | Upsala IF | 25.71 |
| 4 | Josef Bergström Raouf -97 | Upsala IF | 26.13 |
| 5 | Tao Maiwan -96 | Sundbybergs IK | 26.15 |
| 6 | Jesper Frykholm -96 | Glanshammars IF | 26.51 |
| 7 | William Gunnarsson -97 | KFUM Örebro | 26.53 |
| 8 | Maximilian Markl -96 | IK Westmannia | 26.88 |
| 9 | Erik Andersson -97 | Wedevågs IF | 27.59 |
| 10 | Santiago Wilkman -96 | Sundbybergs IK | 28.25 |
| 11 | Jacob Eriksson Viklund -97 | Sundbybergs IK | 29.62 |

P15 1000 M

2011-01-15

| | | | |
|---|----------------------------|-----------------|---------|
| 1 | Maximilian Markl -96 | IK Westmannia | 3.02,47 |
| 2 | Jacob Eriksson Viklund -97 | Sundbybergs IK | 3.04,71 |
| 3 | Santiago Wilkman -96 | Sundbybergs IK | 3.04,82 |
| 4 | Oscar Östebo -96 | Glanshammars IF | 3.08,68 |
| 5 | Samuel Hedlund -96 | IK Westmannia | 3.09,28 |
| 6 | Carl Valjus -96 | Glanshammars IF | 3.09,59 |
| 7 | Anton Johansson -96 | KFUM Örebro | 3.13,98 |
| 8 | Joakim Askebjør -97 | Åkersberga SK | 3.32,42 |
| 9 | Niklas Lindqvist -96 | Åkersberga SK | 3.36,65 |

P15 60 M HÄCK

2011-01-16

| | | | |
|---|------------------------|----------------|------|
| 1 | Victor Björklund -96 | Uppsala IF | 8.84 |
| 2 | Alexander Thunberg -96 | IK Stål | 8.85 |
| 3 | Rasmus Bergman -96 | Sundbybergs IK | 9.35 |
| 4 | Edwin Sahlin -97 | Västerås FK | 9.68 |
| 5 | Anton Johansson -96 | KFUM Örebro | 9.84 |

P15 HÖJD

2011-01-15

| | | | |
|---|------------------------|-----------------|------|
| 1 | Hampus Edqvist -96 | KFUM Örebro | 1.70 |
| 2 | Anton Johansson -96 | KFUM Örebro | 1.67 |
| 3 | William Gunnarsson -97 | KFUM Örebro | 1.60 |
| 4 | Edwin Sahlin -97 | Västerås FK | 1.60 |
| 5 | Victor Björklund -96 | Uppsala IF | 1.60 |
| 6 | Anton Östebo -96 | Glanshammars IF | 1.52 |
| 7 | Joakim Askebjør -97 | Åkersberga SK | 1.48 |

| | | | | | | | | | | | |
|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 133 | 138 | 143 | 148 | 152 | 156 | 160 | 164 | 167 | 170 | 173 |
| Edwin Sahlin | | | | o | o | xo | xxo | xxx | | | |
| Anton Johansson | | | o | o | o | o | o | xo | xo | xxx | |
| Anton Östebo | | | o | o | o | xxx | | | | | |
| Joakim Askebjør | o | o | xxo | xxx | | | | | | | |
| Victor Björklund | | | o | o | o | xxo | xxo | xxx | | | |
| Hampus Edqvist | | | | | o | o | xo | o | o | xxo | xxx |
| William Gunnarsson | | | | xo | o | o | xo | xxx | | | |

P15 STAV

2011-01-16

| | | | |
|---|-----------------------|-------------|------|
| 1 | Jacob Staaf -96 | Bålsta IK | 3.30 |
| 2 | Edwin Sahlin -97 | Västerås FK | 2.60 |
| 3 | Anton Johansson -96 | KFUM Örebro | 2.50 |
| - | Henrik Nordlander -98 | IF Göta | 0.00 |

| | | | | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 180 | 240 | 250 | 260 | 270 | 280 | 310 | 330 | 350 |
| Edwin Sahlin | | xo | xo | xxo | xxx | | | | |
| Anton Johansson | | xo | xxo | xxx | | | | | |
| Henrik Nordlander | xxx | | | | | | | | |
| Jacob Staaf | | | | | | o | xxo | xo | xxx |

P15 LÄNGD

2011-01-15

| | | | |
|----|---------------------------|-----------------|------|
| 1 | Albin Lager -96 | KFUM Örebro | 6.02 |
| 2 | Alexander Thunberg -96 | IK Stål | 5.96 |
| 3 | William Bergenarp -96 | Glanshammars IF | 5.59 |
| 4 | Jesper Frykholm -96 | Glanshammars IF | 5.51 |
| 5 | Anton Johansson -96 | KFUM Örebro | 5.51 |
| 6 | Rasmus Bergman -96 | Sundbybergs IK | 5.43 |
| 7 | Anton Östebo -96 | Glanshammars IF | 5.34 |
| 8 | William Gunnarsson -97 | KFUM Örebro | 5.30 |
| 9 | Edwin Sahlin -97 | Västerås FK | 5.01 |
| 10 | Santiago Wilkman -96 | Sundbybergs IK | 4.99 |
| 11 | Josef Bergström Raouf -97 | Uppsala IF | 4.93 |
| 12 | Hampus Edqvist -96 | KFUM Örebro | 4.89 |
| 13 | David Svensson -98 | IFK Tumba | 4.72 |
| 14 | Karl Pettersson -96 | Sundbybergs IK | 4.58 |
| 15 | David Svensson -97 | Stocksätters IF | 3.76 |

| | | | | | | |
|-----------------------|-----|-----|-----|-----|-----|-----|
| William Bergenarp | 539 | x | 535 | 559 | x | 542 |
| Albin Lager | 549 | 573 | 564 | 590 | 595 | 602 |
| Karl Pettersson | 443 | 458 | 451 | | | |
| Josef Bergström Raouf | 446 | 493 | 476 | | | |
| Rasmus Bergman | 543 | 519 | x | x | 517 | 311 |
| William Gunnarsson | 521 | 504 | 513 | 514 | 510 | 530 |

| | | | | | | |
|--------------------|-----|-----|-----|-----|-----|-----|
| Anton Östebo | 520 | 503 | x | 499 | x | 534 |
| Santiago Wilkman | 481 | 499 | 495 | | | |
| Edwin Sahlin | 501 | 474 | 332 | | | |
| Hampus Edqvist | x | 476 | 489 | | | |
| Anton Johansson | 551 | x | x | x | x | x |
| Alexander Thunberg | x | 572 | 591 | - | 596 | x |
| David Svensson | 376 | 358 | 370 | | | |
| Jesper Frykholm | 551 | 545 | 542 | 526 | 536 | x |
| David Svensson | 472 | - | 436 | | | |

P15 KULA 4,0

2011-01-16

| | | |
|-----------------------------|------------------|-------|
| 1 Anton Johansson -96 | KFUM Örebro | 14.57 |
| 2 Albin Lager -96 | KFUM Örebro | 14.22 |
| 3 Simon Evertsson -96 | Trollhättans FIK | 12.69 |
| 4 Victor Björklund -96 | Upsala IF | 12.13 |
| 5 Josef Bergström Raouf -97 | Upsala IF | 11.75 |
| 6 André Zune -96 | Motala AIF | 11.36 |
| 7 Edwin Sahlin -97 | Västerås FK | 9.10 |
| 8 Oliver Karlsson -97 | Motala AIF | 8.76 |
| 9 Joakim Askebjör -97 | Åkersberga SK | 8.38 |

| | | | | | | |
|-----------------------|------|------|------|------|------|------|
| Simon Evertsson | 1269 | 1196 | 1165 | 1236 | 1242 | 1190 |
| Joakim Askebjör | 821 | 838 | 761 | 695 | x | 735 |
| Oliver Karlsson | 789 | 835 | 827 | 844 | 808 | 876 |
| Edwin Sahlin | 823 | x | x | 910 | 869 | x |
| Anton Johansson | 1290 | 1326 | 1379 | 1248 | 1315 | 1457 |
| Josef Bergström Raouf | 1149 | 1100 | 1175 | 1086 | 1149 | 1174 |
| Albin Lager | 1297 | 1305 | x | 1297 | 1187 | 1422 |
| André Zune | 1136 | x | 1103 | 1091 | x | 1036 |
| Victor Björklund | x | 1191 | 1134 | 1213 | x | 1193 |

P13 60 M

HEAT 1

2011-01-15

| | | | |
|-----------------------|------------------|-------|-------|
| 1 David Svensson -98 | IFK Tumba | 8.85 | Final |
| 2 Filip Larsson -98 | Råby-Rekarne FIF | 8.90 | Final |
| 3 Oskar Erixon -99 | IK Westmannia | 8.91 | Final |
| 4 Noa Fridell -99 | Eskilstuna FI | 9.76 | |
| 5 Alexander Isemo -99 | KFUM Örebro | 10.17 | |
| 6 Isac Lind -98 | Åkersberga SK | 10.18 | |

P13 60 M

HEAT 2

| | | | |
|-------------------------|---------------|------|-------|
| 1 Pontus Jansson -98 | Wedevågs IF | 8.47 | Final |
| 2 Martin Magnusson -98 | Åkersberga SK | 9.01 | Final |
| 3 Mateusz Ostrowski -98 | Wedevågs IF | 9.35 | Final |
| 4 Victor Wiberg -99 | IK Stål | 9.40 | Final |
| 5 Tom Johansson -99 | KFUM Örebro | 9.67 | Final |
| 6 Patric Lindskog -99 | KFUM Örebro | 9.80 | |

P13 60 M

HEAT 3

| | | | |
|-----------------------|---------------|------|-------|
| 1 Björn Lemte -98 | KFUM Örebro | 8.64 | Final |
| 2 Max Nero -98 | IF Göta | 8.70 | Final |
| 3 Elias Egelrud -98 | Åkersberga SK | 9.57 | Final |
| 4 Edvin Larsson -98 | Eskilstuna FI | 9.60 | Final |
| 5 Jakob Eriksson -98 | IF Göta | 9.68 | |
| 6 Assar Markström -99 | Åkersberga SK | 9.68 | |

P13 60 M

HEAT 4

| | | | |
|--------------------------|---------------|-------|-------|
| 1 Henrik Larsson -99 | IF Göta | 8.37 | Final |
| 2 Simon Sandqvist -99 | Åkersberga SK | 9.31 | Final |
| 3 Jack Karlsson -99 | KFUM Örebro | 9.32 | Final |
| 4 Tobias Söderberg -98 | IF Göta | 9.39 | Final |
| 5 Filip Palmgren -99 | Åkersberga SK | 9.79 | |
| 6 Tobias Tranderyd -99 | KFUM Örebro | 9.85 | |
| 7 Sebastian Valbrand -99 | KFUM Örebro | 10.82 | |

P13 60 M

A-FINAL

2011-01-15

| | | |
|----------------------|------------------|------|
| 1 Pontus Jansson -98 | Wedevågs IF | 8.24 |
| 2 Henrik Larsson -99 | IF Göta | 8.27 |
| 3 David Svensson -98 | IFK Tumba | 8.65 |
| 4 Björn Lemte -98 | KFUM Örebro | 8.79 |
| 5 Max Nero -98 | IF Göta | 8.85 |
| 6 Filip Larsson -98 | Råby-Rekarne FIF | 8.87 |

| | | | |
|---|----------------------|---------------|------|
| 7 | Oskar Erixon -99 | IK Westmannia | 9.08 |
| 8 | Martin Magnusson -98 | Åkersberga SK | 9.13 |

P13 60 M

B-FINAL

| | | | |
|---|-----------------------|---------------|----------|
| 1 | Jack Karlsson -99 | KFUM Örebro | 9.26 |
| 2 | Tobias Söderberg -98 | IF Göta | 9.34 |
| 3 | Simon Sandqvist -99 | Åkersberga SK | 9.48 |
| 4 | Mateusz Ostrowski -98 | Wedevågs IF | 9.54 |
| 5 | Elias Egelrud -98 | Åkersberga SK | 9.67 |
| 6 | Edvin Larsson -98 | Eskilstuna FI | 9.70 |
| 7 | Tom Johansson -99 | KFUM Örebro | 9.72 |
| - | Victor Wiberg -99 | IK Stål | ej start |

P13 200 M

HEAT 1

2011-01-16

| | | | |
|---|------------------------|---------------|-------|
| 1 | Gustav Svedberg -98 | Karlskoga FIF | 30.07 |
| 2 | Alexander Isemo -99 | KFUM Örebro | 35.13 |
| 3 | Sebastian Valbrand -99 | KFUM Örebro | 38.59 |

P13 200 M

HEAT 2

| | | | |
|---|----------------------|---------------|-------|
| 1 | Tobias Tranderyd -99 | KFUM Örebro | 31.37 |
| 2 | Assar Markström -99 | Åkersberga SK | 32.23 |
| 3 | Filip Palmgren -99 | Åkersberga SK | 32.51 |
| 4 | Simon Persson -98 | KFUM Örebro | 33.01 |

P13 200 M

HEAT 3

| | | | |
|---|----------------------|---------------|-------|
| 1 | Filip Björklund -98 | Upsala IF | 30.16 |
| 2 | Tobias Söderberg -98 | IF Göta | 31.36 |
| 3 | Patric Lindskog -99 | KFUM Örebro | 32.29 |
| 4 | Elias Egelrud -98 | Åkersberga SK | 33.03 |

P13 200 M

HEAT 4

| | | | |
|---|----------------------|---------------|-------|
| 1 | Max Nero -98 | IF Göta | 28.83 |
| 2 | Martin Magnusson -98 | Åkersberga SK | 29.81 |
| 3 | Jack Karlsson -99 | KFUM Örebro | 30.64 |
| 4 | Simon Sandqvist -99 | Åkersberga SK | 30.69 |

P13 200 M

HEAT 5

| | | | |
|---|--------------------|---------------|-------|
| 1 | Henrik Larsson -99 | IF Göta | 28.13 |
| 2 | David Svensson -98 | IFK Tumba | 28.46 |
| 3 | Björn Lemte -98 | KFUM Örebro | 28.60 |
| 4 | Oskar Erixon -99 | IK Westmannia | 29.97 |

P13 200 M

SAMLAD LISTA

| | | | |
|----|------------------------|---------------|-------|
| 1 | Henrik Larsson -99 | IF Göta | 28.13 |
| 2 | David Svensson -98 | IFK Tumba | 28.46 |
| 3 | Björn Lemte -98 | KFUM Örebro | 28.60 |
| 4 | Max Nero -98 | IF Göta | 28.83 |
| 5 | Martin Magnusson -98 | Åkersberga SK | 29.81 |
| 6 | Oskar Erixon -99 | IK Westmannia | 29.97 |
| 7 | Gustav Svedberg -98 | Karlskoga FIF | 30.07 |
| 8 | Filip Björklund -98 | Upsala IF | 30.16 |
| 9 | Jack Karlsson -99 | KFUM Örebro | 30.64 |
| 10 | Simon Sandqvist -99 | Åkersberga SK | 30.69 |
| 11 | Tobias Söderberg -98 | IF Göta | 31.36 |
| 12 | Tobias Tranderyd -99 | KFUM Örebro | 31.37 |
| 13 | Assar Markström -99 | Åkersberga SK | 32.23 |
| 14 | Patric Lindskog -99 | KFUM Örebro | 32.29 |
| 15 | Filip Palmgren -99 | Åkersberga SK | 32.51 |
| 16 | Simon Persson -98 | KFUM Örebro | 33.01 |
| 17 | Elias Egelrud -98 | Åkersberga SK | 33.03 |
| 18 | Alexander Isemo -99 | KFUM Örebro | 35.13 |
| 19 | Sebastian Valbrand -99 | KFUM Örebro | 38.59 |

| P13 600 M | | | 2011-01-15 |
|-----------|----------------------|------------------|------------|
| 1 | August Mollén -99 | IK Norrköping FI | 1.44,29 |
| 2 | David Svensson -98 | IFK Tumba | 1.45,04 |
| 3 | Björn Lemte -98 | KFUM Örebro | 1.45,17 |
| 4 | Benjamin Eklund -98 | IK Westmannia | 1.46,71 |
| 5 | Jack Karlsson -99 | KFUM Örebro | 1.48,16 |
| 6 | Tobias Tranderyd -99 | KFUM Örebro | 1.53,97 |
| 7 | Gustaf Ivarsson -99 | KFUM Örebro | 1.54,74 |
| 8 | Assar Markström -99 | Åkersberga SK | 1.56,23 |
| 9 | Simon Sandqvist -99 | Åkersberga SK | 1.56,34 |
| 10 | Patric Lindskog -99 | KFUM Örebro | 1.56,56 |

| P13 60 M HÄCK | | | 2011-01-16 |
|---------------|----------------------|---------------|------------|
| 1 | David Svensson -98 | IFK Tumba | 10.47 |
| 2 | Filip Björklund -98 | Upsala IF | 10.51 |
| 3 | Henrik Larsson -99 | IF Göta | 10.92 |
| 4 | Tobias Söderberg -98 | IF Göta | 11.58 |
| 5 | Gustav Svedberg -98 | Karlskoga FIF | 11.61 |
| 6 | Tom Johansson -99 | KFUM Örebro | 11.94 |
| 7 | Simon Sandqvist -99 | Åkersberga SK | 12.11 |
| - | Victor Wiberg -99 | IK Stål | ej start |

| P13 HÖJD | | | 2011-01-15 |
|----------|-----------------------|------------------|------------|
| 1 | Robin Edqvist -99 | KFUM Örebro | 1.53 |
| 2 | Tom Johansson -99 | KFUM Örebro | 1.50 |
| 3 | Filip Björklund -98 | Upsala IF | 1.47 |
| 4 | Max Nero -98 | IF Göta | 1.38 |
| 5 | Filip Larsson -98 | Råby-Rekarne FIF | 1.38 |
| 6 | Henrik Larsson -99 | IF Göta | 1.33 |
| 7 | Gustaf Ivarsson -99 | KFUM Örebro | 1.33 |
| 8 | Joel Mattsson -98 | Tierps IF FI | 1.33 |
| 8 | Mikael Jansson -98 | KFUM Örebro | 1.33 |
| 10 | Jack Karlsson -99 | KFUM Örebro | 1.28 |
| 11 | Tobias Söderberg -98 | IF Göta | 1.28 |
| 12 | Philip Anbakk -99 | Upsala IF | 1.28 |
| 12 | Mateusz Ostrowski -98 | Wedevågs IF | 1.28 |
| 14 | Simon Sandqvist -99 | Åkersberga SK | 1.23 |

| | 113 | 118 | 123 | 128 | 133 | 138 | 141 | 144 | 147 | 150 | 153 | 155 |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Robin Edqvist | | | | o | o | o | o | o | o | xo | o | xxx |
| Filip Larsson | | | o | o | xo | xxo | xxx | | | | | |
| Tom Johansson | | | | o | o | o | o | o | | xxo | xxx | |
| Jack Karlsson | o | o | o | xo | xxx | | | | | | | |
| Filip Björklund | | | | o | o | xo | o | o | o | xxx | | |
| Joel Mattsson | | | o | o | xxo | xxx | | | | | | |
| Gustaf Ivarsson | o | o | o | xo | o | xxx | | | | | | |
| Max Nero | | | o | o | o | o | xxx | | | | | |
| Mikael Jansson | | | o | o | xxo | xxx | | | | | | |
| Simon Sandqvist | o | xo | o | xxx | | | | | | | | |
| Henrik Larsson | | | | o | o | xxx | | | | | | |
| Philip Anbakk | o | o | xo | xxo | xxx | | | | | | | |
| Tobias Söderberg | | | o | xxo | xxx | | | | | | | |
| Mateusz Ostrowski | | | xo | xxo | xxx | | | | | | | |

| P13 LÄNGD ZON | | | 2011-01-16 |
|---------------|-----------------------|---------------|------------|
| 1 | Henrik Larsson -99 | IF Göta | 5.05 |
| 2 | David Svensson -98 | IFK Tumba | 4.85 |
| 3 | Martin Magnusson -98 | Åkersberga SK | 4.57 |
| 4 | Max Nero -98 | IF Göta | 4.53 |
| 5 | Oskar Erixon -99 | IK Westmannia | 4.45 |
| 6 | Ludvig Widarsson -99 | KFUM Örebro | 4.30 |
| 7 | Jack Karlsson -99 | KFUM Örebro | 4.08 |
| 8 | Mateusz Ostrowski -98 | Wedevågs IF | 4.03 |
| 9 | Tobias Söderberg -98 | IF Göta | 3.93 |
| 10 | Gustaf Ivarsson -99 | KFUM Örebro | 3.90 |
| 11 | Tom Johansson -99 | KFUM Örebro | 3.89 |
| 12 | Oliver Svensson -99 | Tibro AIK FIK | 3.85 |
| 13 | Simon Persson -98 | KFUM Örebro | 3.80 |
| 14 | Tobias Tranderyd -99 | KFUM Örebro | 3.75 |

| | | | |
|----|------------------------|---------------|------|
| 15 | Simon Sandqvist -99 | Åkersberga SK | 3.69 |
| 16 | Patric Lindskog -99 | KFUM Örebro | 3.65 |
| 17 | Henrik Nordlander -98 | IF Göta | 3.62 |
| 18 | Andreas Holm -98 | KFUM Örebro | 3.59 |
| 19 | Filip Palmgren -99 | Åkersberga SK | 3.44 |
| 20 | Assar Markström -99 | Åkersberga SK | 3.39 |
| 21 | Elias Egelrud -98 | Åkersberga SK | 3.33 |
| 22 | Sebastian Valbrand -99 | KFUM Örebro | 3.08 |

| | | | | | |
|--------------------|-----|-----|-----|-----|---------|
| Jack Karlsson | 394 | 403 | 408 | 385 | 382 |
| Tom Johansson | 369 | 389 | 385 | | |
| Max Nero | 442 | 453 | 444 | 401 | 437 |
| Gustaf Ivarsson | 384 | 375 | 390 | | |
| Sebastian Valbrand | 293 | 308 | 275 | | |
| Ludvig Widarsson | 420 | 430 | 412 | 418 | 428 430 |
| Tobias Tranderyd | 375 | 373 | 355 | | |
| Simon Sandqvist | 369 | 364 | 369 | | |
| Filip Palmgren | 344 | 333 | 319 | | |
| David Svensson | x | 476 | 338 | 477 | x 485 |
| Assar Markström | 333 | 333 | 339 | | |
| Tobias Söderberg | x | 393 | 393 | | |
| Mateusz Ostrowski | 396 | 400 | 403 | x | 392 374 |
| Henrik Larsson | 486 | 505 | 490 | 456 | 474 483 |
| Patric Lindskog | 352 | 337 | 365 | | |
| Andreas Holm | 359 | 352 | 346 | | |
| Elias Egelrud | 324 | 333 | 320 | | |
| Oliver Svensson | 377 | 364 | 385 | | |
| Simon Persson | 380 | x | x | | |
| Martin Magnusson | 416 | 426 | 403 | 440 | 432 457 |
| Oskar Erixon | 445 | 428 | 408 | 403 | 393 436 |
| Henrik Nordlander | 255 | 361 | 362 | | |

P13 KULA 3,0

2011-01-15

| | | | |
|----|-----------------------|-----------------|------|
| 1 | Edvin Larsson -98 | Eskilstuna FI | 9.39 |
| 2 | Max Nero -98 | IF Göta | 8.81 |
| 3 | Oskar Erixon -99 | IK Westmannia | 8.45 |
| 4 | Jakob Eriksson -98 | IF Göta | 8.38 |
| 5 | Henrik Larsson -99 | IF Göta | 8.21 |
| 6 | Daniel Karlsson -98 | Åsbro GoIF | 8.07 |
| 7 | Joel Mattsson -98 | Tierps IF FI | 7.94 |
| 8 | Robin Edqvist -99 | KFUM Örebro | 7.68 |
| 9 | Pelle Mälman -98 | Glanshammars IF | 7.53 |
| 10 | Martin Magnusson -98 | Åkersberga SK | 7.44 |
| 11 | Mikael Jansson -98 | KFUM Örebro | 6.69 |
| 12 | Alexander Isemo -99 | KFUM Örebro | 6.51 |
| 13 | Isac Lind -98 | Åkersberga SK | 6.27 |
| 14 | Ludvig Widarsson -99 | KFUM Örebro | 6.14 |
| 15 | Noa Fridell -99 | Eskilstuna FI | 6.05 |
| 16 | Gustaf Ivarsson -99 | KFUM Örebro | 5.95 |
| 17 | Tobias Tranderyd -99 | KFUM Örebro | 5.69 |
| 18 | Assar Markström -99 | Åkersberga SK | 5.63 |
| 19 | Jonathan Hallberg -99 | KFUM Örebro | 4.95 |

| | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|
| Henrik Larsson | 745 | 674 | 774 | 804 | 731 | 821 |
| Robin Edqvist | 768 | 715 | | | | |
| Max Nero | 823 | 788 | 775 | x | 878 | 881 |
| Daniel Karlsson | 807 | 753 | 756 | 745 | 776 | 778 |
| Ludvig Widarsson | 601 | 614 | 575 | | | |
| Isac Lind | 617 | 611 | 627 | | | |
| Jonathan Hallberg | 474 | 401 | 495 | | | |
| Martin Magnusson | 694 | 648 | 744 | | | |
| Joel Mattsson | 793 | 773 | 777 | 794 | 779 | 792 |
| Assar Markström | 563 | 454 | 543 | | | |
| Mikael Jansson | 617 | 669 | 640 | | | |
| Pelle Mälman | 724 | 753 | 691 | | | |
| Edvin Larsson | 847 | 860 | 882 | x | 914 | 939 |
| Oskar Erixon | 840 | 818 | 722 | 736 | 828 | 845 |
| Noa Fridell | 605 | 544 | 602 | | | |
| Alexander Isemo | 651 | x | 595 | | | |
| Gustaf Ivarsson | 595 | 588 | 544 | | | |
| Jakob Eriksson | 700 | 772 | 766 | 838 | 813 | 657 |
| Tobias Tranderyd | 531 | 569 | 530 | | | |

| | | | |
|------------------------------|------------------|-------|------------|
| P11 60 M | HEAT 1 | | 2011-01-15 |
| 1 Jonathan Granath -00 | KFUM Örebro | 8.92 | Final |
| 2 Malte Lundmark -01 | KFUM Örebro | 9.57 | Final |
| 3 Aron Karlsson -00 | KFUM Örebro | 9.69 | |
| 4 Vilhelm Nygård -01 | Råby-Rekarne FIF | 10.24 | |
| 5 Hilding Anger Axelsson -00 | KFUM Örebro | 10.45 | |
| 6 Benjamin Kadac -01 | KFUM Örebro | 10.66 | |
| 7 Samuel Lindén -01 | KFUM Örebro | 10.79 | |

| | | | |
|-------------------------|-----------------|-------|-------|
| P11 60 M | HEAT 2 | | |
| 1 Benjamin Hunter -00 | Karlskoga FIF | 9.10 | Final |
| 2 Samuel Derelöv -00 | Motala AIF | 9.33 | Final |
| 3 Rickard Bergenarp -00 | Glanshammars IF | 9.61 | Final |
| 4 Rasmus Hugosson -01 | KFUM Örebro | 10.15 | |
| 5 Melker Forsberg -01 | Glanshammars IF | 10.19 | |
| 6 Oskar Arensmeier -00 | Frövi IK | 10.32 | |
| 7 Erik Löfstedt -01 | KFUM Örebro | 10.88 | |

| | | | |
|------------------------|---------------------|-------|-------|
| P11 60 M | HEAT 3 | | |
| 1 Gustav Karlsson -00 | KFUM Örebro | 9.14 | Final |
| 2 Joakim Wadstein -00 | IK Norrköping FI | 9.30 | Final |
| 3 Amir Musa -01 | KFUM Örebro | 9.55 | Final |
| 4 Daniel Malmgren -01 | Stocksätters IF | 9.82 | |
| 5 Gustaf Otterhed -01 | KFUM Örebro | 10.10 | |
| 6 Rasmus Petersson -00 | IF Spartacus Örebro | 10.21 | |
| 7 Oscar Persson -01 | Frövi IK | 10.38 | |

| | | | |
|-------------------------|------------------|------|------------|
| P11 60 M | FINAL | | 2011-01-15 |
| 1 Jonathan Granath -00 | KFUM Örebro | 8.92 | |
| 2 Benjamin Hunter -00 | Karlskoga FIF | 8.98 | |
| 3 Gustav Karlsson -00 | KFUM Örebro | 9.07 | |
| 4 Samuel Derelöv -00 | Motala AIF | 9.34 | |
| 5 Joakim Wadstein -00 | IK Norrköping FI | 9.47 | |
| 6 Amir Musa -01 | KFUM Örebro | 9.55 | |
| 7 Rickard Bergenarp -00 | Glanshammars IF | 9.60 | |
| 8 Malte Lundmark -01 | KFUM Örebro | 9.70 | |

| | | | |
|-------------------------|-----------------|-------|------------|
| P11 200 M | HEAT 1 | | 2011-01-16 |
| 1 Ruben Sandén Alin -01 | Stocksätters IF | 37.36 | |
| 2 Erik Löfstedt -01 | KFUM Örebro | 37.55 | |
| 3 Emil Imhagen -01 | Glanshammars IF | 37.88 | |
| 4 Melwin Kemoff -01 | KFUM Örebro | 44.14 | |

| | | | |
|------------------------------|-------------|-------|--|
| P11 200 M | HEAT 2 | | |
| 1 Gustaf Otterhed -01 | KFUM Örebro | 34.01 | |
| 2 Oscar Persson -01 | Frövi IK | 35.88 | |
| 3 Rasmus Hugosson -01 | KFUM Örebro | 36.21 | |
| 4 Hilding Anger Axelsson -00 | KFUM Örebro | 36.49 | |

| | | | |
|----------------------|-------------|-------|--|
| P11 200 M | HEAT 3 | | |
| 1 Amir Musa -01 | KFUM Örebro | 32.83 | |
| 2 Aron Karlsson -00 | KFUM Örebro | 33.28 | |
| 3 Adam Vestlund -00 | Kils AIK | 33.28 | |
| 4 Malte Lundmark -01 | KFUM Örebro | 33.44 | |

| | | | |
|-------------------------|------------------|-------|--|
| P11 200 M | HEAT 4 | | |
| 1 Gustav Zetterlund -00 | KFUM Örebro | 29.85 | |
| 2 Olle Tyrsmo -00 | Glanshammars IF | 30.52 | |
| 3 Benjamin Hunter -00 | Karlskoga FIF | 31.50 | |
| 4 Joakim Wadstein -00 | IK Norrköping FI | 32.32 | |

| | | | |
|-------------------------|------------------|-------|--|
| P11 200 M | SAMLAD LISTA | | |
| 1 Gustav Zetterlund -00 | KFUM Örebro | 29.85 | |
| 2 Olle Tyrsmo -00 | Glanshammars IF | 30.52 | |
| 3 Benjamin Hunter -00 | Karlskoga FIF | 31.50 | |
| 4 Joakim Wadstein -00 | IK Norrköping FI | 32.32 | |
| 5 Amir Musa -01 | KFUM Örebro | 32.83 | |

| | | | |
|----|----------------------------|-----------------|-------|
| 6 | Aron Karlsson -00 | KFUM Örebro | 33.28 |
| 7 | Adam Vestlund -00 | Kils AIK | 33.28 |
| 8 | Malte Lundmark -01 | KFUM Örebro | 33.44 |
| 9 | Gustaf Otterhed -01 | KFUM Örebro | 34.01 |
| 10 | Oscar Persson -01 | Frövi IK | 35.88 |
| 11 | Rasmus Hugosson -01 | KFUM Örebro | 36.21 |
| 12 | Hilding Anger Axelsson -00 | KFUM Örebro | 36.49 |
| 13 | Ruben Sandén Alin -01 | Stocksätters IF | 37.36 |
| 14 | Erik Löfstedt -01 | KFUM Örebro | 37.55 |
| 15 | Emil Imhagen -01 | Glanshammars IF | 37.88 |
| 16 | Melwin Kemoff -01 | KFUM Örebro | 44.14 |

P11 600 M

2011-01-15

| | | | |
|---|------------------------|-----------------|---------|
| 1 | Gustav Zetterlund -00 | KFUM Örebro | 1.48,31 |
| 2 | Olle Tyrsmo -00 | Glanshammars IF | 1.51,83 |
| 3 | Alexander Larsson -00 | KFUM Örebro | 1.59,51 |
| 4 | Melker Forsberg -01 | Glanshammars IF | 2.08,00 |
| 5 | Johan Alpberg -01 | Almby IK | 2.09,00 |
| 6 | Ruben Sandén Alin -01 | Stocksätters IF | 2.18,01 |
| 7 | Philip Wilhelmsson -01 | KFUM Örebro | 2.20,70 |
| 8 | Erik Löfstedt -01 | KFUM Örebro | 2.21,17 |

P11 HÖJD

2011-01-15

| | | | |
|----|----------------------------|---------------------|------|
| 1 | Joakim Wadstein -00 | IK Norrköping FI | 1.35 |
| 2 | Benjamin Hunter -00 | Karlskoga FIF | 1.32 |
| 3 | Gustav Karlsson -00 | KFUM Örebro | 1.29 |
| 4 | Oskar Arensmeier -00 | Frövi IK | 1.26 |
| 5 | Daniel Malmgren -01 | Stocksätters IF | 1.20 |
| 6 | Malte Lundmark -01 | KFUM Örebro | 1.15 |
| 6 | Eric Valjus -00 | Glanshammars IF | 1.15 |
| 8 | Aron Karlsson -00 | KFUM Örebro | 1.15 |
| 9 | Rasmus Hugosson -01 | KFUM Örebro | 1.10 |
| 10 | Rasmus Petersson -00 | IF Spartacus Örebro | 1.05 |
| 11 | Erik Löfstedt -01 | KFUM Örebro | 1.05 |
| 12 | Hilding Anger Axelsson -00 | KFUM Örebro | 1.05 |
| 13 | Vilhelm Nygård -01 | Råby-Rekarne FIF | 1.00 |
| 14 | Ruben Sandén Alin -01 | Stocksätters IF | 1.00 |
| 15 | Johan Ivarsson -01 | KFUM Örebro | 0.95 |

95 100 105 110 115 120 123 126 129 132 135 138

| | | | | | | | | | | | | |
|------------------------|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Oskar Arensmeier | | o | xxo | xxo | xo | o | o | o | xxx | | | |
| Gustav Karlsson | | | | o | o | o | xo | xxo | xo | xxx | | |
| Rasmus Hugosson | o | o | o | xo | xxx | | | | | | | |
| Malte Lundmark | o | o | o | o | o | xxx | | | | | | |
| Vilhelm Nygård | o | o | xxx | | | | | | | | | |
| Hilding Anger Axelsson | o | xo | xo | xxx | | | | | | | | |
| Daniel Malmgren | o | o | o | o | o | xo | xxx | | | | | |
| Rasmus Petersson | o | o | o | xxx | | | | | | | | |
| Erik Löfstedt | o | o | xo | xxx | | | | | | | | |
| Johan Ivarsson | o | xxx | | | | | | | | | | |
| Joakim Wadstein | | | o | o | o | o | o | o | xo | xo | o | xxx |
| Benjamin Hunter | | | o | o | o | o | o | o | o | o | xxx | |
| Aron Karlsson | | | o | o | xo | xxx | | | | | | |
| Eric Valjus | | | o | o | o | xxx | | | | | | |
| Ruben Sandén Alin | o | xo | xxx | | | | | | | | | |

P11 LÄNGD ZON

2011-01-16

| | | | |
|----|----------------------------|------------------|------|
| 1 | Jonathan Granath -00 | KFUM Örebro | 4.58 |
| 2 | Gustav Karlsson -00 | KFUM Örebro | 4.51 |
| 3 | Olle Tyrsmo -00 | Glanshammars IF | 4.04 |
| 4 | Samuel Derelöv -00 | Motala AIF | 3.90 |
| 5 | Benjamin Hunter -00 | Karlskoga FIF | 3.89 |
| 6 | Adam Vestlund -00 | Kils AIK | 3.85 |
| 7 | Rickard Bergenarp -00 | Glanshammars IF | 3.79 |
| 8 | Aron Karlsson -00 | KFUM Örebro | 3.76 |
| 9 | Amir Musa -01 | KFUM Örebro | 3.69 |
| 10 | Joakim Wadstein -00 | IK Norrköping FI | 3.65 |
| 11 | Malte Lundmark -01 | KFUM Örebro | 3.58 |
| 12 | Hilding Anger Axelsson -00 | KFUM Örebro | 3.48 |
| 13 | Oskar Arensmeier -00 | Frövi IK | 3.44 |

| | | | |
|----|-----------------------|---------------------|------|
| 14 | Rasmus Hugosson -01 | KFUM Örebro | 3.40 |
| 15 | Arvid Eriksson -01 | IF Spartacus | 3.37 |
| 16 | Vilhelm Nygård -01 | Råby-Rekarne FIF | 3.16 |
| 17 | Gustaf Otterhed -01 | KFUM Örebro | 3.13 |
| 18 | Max Robertsson -00 | Råby-Rekarne FIF | 3.12 |
| 19 | Rasmus Petersson -00 | IF Spartacus Örebro | 3.03 |
| 20 | Emil Imhagen -01 | Glanshammars IF | 3.03 |
| 21 | Oscar Persson -01 | Frövi IK | 3.01 |
| 22 | Erik Löfstedt -01 | KFUM Örebro | 3.00 |
| 23 | Benjamin Kadic -01 | KFUM Örebro | 2.96 |
| 24 | Ruben Sandén Alin -01 | Stocksätters IF | 2.80 |
| 25 | Johan Ivarsson -01 | KFUM Örebro | 2.65 |
| 26 | William Sundell -01 | KFUM Örebro | 2.63 |
| 27 | Samuel Lindén -01 | KFUM Örebro | 2.63 |
| 28 | Melwin Kemoff -01 | KFUM Örebro | 2.46 |

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|------------------------|-----|-----|-----|-----|-----|-----|
| Ruben Sandén Alin | 243 | 280 | 275 | | | |
| Benjamin Hunter | x | 335 | 389 | 352 | 377 | x |
| William Sundell | 263 | 253 | 262 | | | |
| Erik Löfstedt | 300 | 241 | 293 | | | |
| Malte Lundmark | 345 | x | 358 | | | |
| Oscar Persson | 301 | 293 | 293 | | | |
| Adam Vestlund | 368 | 365 | 375 | 358 | 385 | x |
| Olle Tyrsmo | 404 | 389 | x | 379 | x | 384 |
| Rickard Bergenarp | 372 | 210 | 345 | 379 | 355 | 362 |
| Aron Karlsson | 370 | 376 | 362 | 361 | 346 | 366 |
| Samuel Derelöv | 372 | 352 | 371 | 354 | 364 | 390 |
| Melwin Kemoff | 246 | 231 | 238 | | | |
| Hilding Anger Axelsson | 348 | 325 | 311 | | | |
| Johan Ivarsson | 265 | 253 | 258 | | | |
| Arvid Eriksson | 328 | 332 | 337 | | | |
| Emil Imhagen | 292 | 303 | 290 | | | |
| Samuel Lindén | 263 | 235 | 232 | | | |
| Rasmus Petersson | 300 | 303 | 303 | | | |
| Jonathan Granath | 452 | 444 | 439 | 429 | 454 | 458 |
| Rasmus Hugosson | 327 | 328 | 340 | | | |
| Gustaf Otterhed | 313 | 309 | 304 | | | |
| Joakim Wadstein | 352 | 365 | 343 | | | |
| Amir Musa | 364 | 359 | 369 | | | |
| Gustav Karlsson | 451 | 436 | 403 | 427 | 413 | 432 |
| Vilhelm Nygård | 316 | x | x | | | |
| Benjamin Kadic | 291 | x | 296 | | | |
| Oskar Arensmeier | 344 | 333 | 292 | | | |
| Max Robertsson | 312 | 304 | x | | | |

P11 KULA 2,0

2011-01-16

| | | | |
|----|-----------------------|------------------|------|
| 1 | Adam Vestlund -00 | Kils AIK | 8.19 |
| 2 | Arvid Eriksson -01 | IF Spartacus | 7.80 |
| 3 | Samuel Derelöv -00 | Motala AIF | 7.11 |
| 4 | Aron Karlsson -00 | KFUM Örebro | 6.91 |
| 5 | Benjamin Kadic -01 | KFUM Örebro | 6.90 |
| 6 | Joakim Wadstein -00 | IK Norrköping FI | 6.53 |
| 7 | Amir Musa -01 | KFUM Örebro | 6.51 |
| 8 | Vilhelm Nygård -01 | Råby-Rekarne FIF | 6.37 |
| 9 | Rasmus Hugosson -01 | KFUM Örebro | 5.93 |
| 10 | Oskar Arensmeier -00 | Frövi IK | 5.72 |
| 11 | Johan Ivarsson -01 | KFUM Örebro | 5.52 |
| 12 | Emil Imhagen -01 | Glanshammars IF | 5.48 |
| 13 | Ruben Sandén Alin -01 | Stocksätters IF | 5.45 |
| 14 | Melwin Kemoff -01 | KFUM Örebro | 4.93 |
| 15 | William Sundell -01 | KFUM Örebro | 4.71 |

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|-------------------|-----|-----|-----|-----|-----|-----|
| Emil Imhagen | 548 | 516 | x | | | |
| Arvid Eriksson | 770 | 756 | 746 | 780 | 772 | 779 |
| Joakim Wadstein | 616 | 625 | 653 | 592 | 582 | 505 |
| Benjamin Kadic | 641 | x | 628 | 632 | 631 | 690 |
| Johan Ivarsson | 552 | 545 | 492 | | | |
| Aron Karlsson | 624 | 645 | x | x | 619 | 691 |
| Amir Musa | 648 | 600 | 618 | 638 | 626 | 651 |
| William Sundell | 451 | 471 | 459 | | | |
| Melwin Kemoff | 455 | 491 | 493 | | | |
| Vilhelm Nygård | 619 | 637 | 622 | 617 | 560 | 619 |
| Oskar Arensmeier | 572 | x | 571 | | | |
| Rasmus Hugosson | 556 | 460 | 593 | | | |
| Ruben Sandén Alin | 489 | 521 | 545 | | | |

| | | | | | | |
|----------------|-----|-----|-----|-----|-----|-----|
| Adam Vestlund | 737 | 797 | 787 | 799 | 819 | 804 |
| Samuel Derelöv | 690 | 695 | 658 | 668 | 711 | 685 |

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|-------------------------|------------------|-------------|
| P9 60 M | HEAT 1 | 2011-01-15 |
| 1 Pontus Gustafsson -02 | Västerås FK | 10.00 Final |
| 2 Ludwig Lill -02 | IFK Kristinehamn | 10.58 Final |
| 3 Linus Auvinen -02 | IK Westmannia | 11.22 |
| 4 Noha Olsson -02 | KFUM Örebro | 11.23 |
| 5 William Pernell -02 | KFUM Örebro | 11.49 |
| 6 Edvin Bäck -02 | KFUM Örebro | 12.02 |

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|-------------------------|---------------|-------------|
| P9 60 M | HEAT 2 | |
| 1 Linus Callenvik -02 | Karlskoga FIF | 9.91 Final |
| 2 Jonathan Johnsson -02 | KFUM Örebro | 10.03 Final |
| 3 Zion Eriksson -02 | IK Stål | 10.04 Final |
| 4 Wilhelm Bergentz -02 | KFUM Örebro | 10.20 Final |
| 5 Filip Höijer -02 | Frövi IK | 10.61 Final |
| 6 Manne Frih -02 | KFUM Örebro | 10.81 Final |

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|-------------------------|------------------|------------|
| P9 60 M | FINAL | 2011-01-15 |
| 1 Linus Callenvik -02 | Karlskoga FIF | 9.73 |
| 2 Zion Eriksson -02 | IK Stål | 9.74 |
| 3 Jonathan Johnsson -02 | KFUM Örebro | 9.88 |
| 4 Pontus Gustafsson -02 | Västerås FK | 10.16 |
| 5 Wilhelm Bergentz -02 | KFUM Örebro | 10.22 |
| 6 Manne Frih -02 | KFUM Örebro | 10.37 |
| 7 Ludwig Lill -02 | IFK Kristinehamn | 10.39 |
| 8 Filip Höijer -02 | Frövi IK | 10.55 |

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|-------------------------|-------------|------------|
| P9 400 M | | 2011-01-16 |
| 1 Pontus Gustafsson -02 | Västerås FK | 1.20,12 |
| 2 Jonathan Johnsson -02 | KFUM Örebro | 1.20,21 |
| 3 Zion Eriksson -02 | IK Stål | 1.20,98 |
| 4 Manne Frih -02 | KFUM Örebro | 1.21,75 |
| 5 Filip Höijer -02 | Frövi IK | 1.23,67 |
| 6 Wilhelm Bergentz -02 | KFUM Örebro | 1.23,72 |
| 7 Noha Olsson -02 | KFUM Örebro | 1.24,11 |
| 8 Martin Hyvärinen -02 | KFUM Örebro | 1.29,85 |

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|-------------------------|------------------|------------|
| P9 LÄNGD ZON | | 2011-01-15 |
| 1 Zion Eriksson -02 | IK Stål | 3.55 |
| 2 Pontus Gustafsson -02 | Västerås FK | 3.45 |
| 3 Linus Callenvik -02 | Karlskoga FIF | 3.40 |
| 4 Jonathan Johnsson -02 | KFUM Örebro | 3.36 |
| 5 Manne Frih -02 | KFUM Örebro | 3.24 |
| 6 Ludwig Lill -02 | IFK Kristinehamn | 3.23 |
| 7 Noha Olsson -02 | KFUM Örebro | 2.98 |
| 8 William Pernell -02 | KFUM Örebro | 2.84 |
| 9 Linus Auvinen -02 | IK Westmannia | 2.83 |
| 10 Filip Höijer -02 | Frövi IK | 2.78 |
| 11 Edvin Bäck -02 | KFUM Örebro | 2.74 |
| 12 David Östlund -02 | KFUM Örebro | 2.41 |
| 13 Axel Holmquist -02 | KFUM Örebro | 2.37 |

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|-------------------|-----|-----|-----|-----|-----|-----|
| Zion Eriksson | 355 | 342 | 351 | 321 | 344 | 336 |
| Jonathan Johnsson | 325 | 336 | 327 | 310 | x | 327 |
| Ludwig Lill | 280 | 323 | 303 | 280 | 282 | 303 |
| Pontus Gustafsson | 345 | x | 309 | 339 | 339 | x |
| William Pernell | 284 | 254 | 273 | 261 | 268 | 259 |
| David Östlund | 235 | 241 | 192 | | | |
| Linus Callenvik | 340 | 331 | 322 | 334 | x | 332 |
| Noha Olsson | 280 | 288 | 298 | 293 | 273 | x |
| Linus Auvinen | 283 | 237 | x | | | |
| Axel Holmquist | 236 | 212 | 237 | | | |
| Manne Frih | 323 | 323 | 324 | 311 | 276 | 314 |
| Filip Höijer | 276 | 278 | 276 | | | |
| Edvin Bäck | 274 | 238 | 249 | | | |

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|-------------|-----------------------|---------------|------------|
| P9 KULA 2,0 | | | 2011-01-16 |
| 1 | Wilhelm Bergentz -02 | KFUM Örebro | 6.06 |
| 2 | Pontus Gustafsson -02 | Västerås FK | 5.91 |
| 3 | Filip Höijer -02 | Frövi IK | 5.50 |
| 4 | Zion Eriksson -02 | IK Stål | 5.37 |
| 5 | Linus Auvinen -02 | IK Westmannia | 5.27 |
| 6 | Edvin Bäck -02 | KFUM Örebro | 5.21 |
| 7 | David Östlund -02 | KFUM Örebro | 4.65 |

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|-------------------|-----|-----|-----|-----|-----|-----|
| Edvin Bäck | 456 | 446 | 504 | 521 | 493 | 454 |
| Filip Höijer | 498 | 479 | 495 | 503 | 538 | 550 |
| Wilhelm Bergentz | 583 | 577 | 526 | 572 | 606 | 589 |
| Zion Eriksson | 460 | 537 | 522 | 504 | 527 | 533 |
| Linus Auvinen | 514 | 404 | 525 | 527 | 496 | 496 |
| Pontus Gustafsson | 498 | 574 | x | 591 | 576 | 556 |
| David Östlund | 368 | 393 | 437 | 316 | 465 | 452 |

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|---------|----------------------|-----------------|------------|
| P8 60 M | | | 2011-01-15 |
| 1 | Lukas Bjuremar -03 | KFUM Örebro | 11,1m |
| 2 | Oscar Capobianco -03 | KFUM Örebro | 11,2m |
| 3 | Alfred Olander -03 | KFUM Örebro | 11,3m |
| 4 | Henrik Franzén -03 | KFUM Örebro | 11,8m |
| 5 | Ryan Malmgren -03 | Stocksätters IF | 11,9m |

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|----------|--------------------|-------------|------------|
| P8 400 M | | | 2011-01-16 |
| 1 | Alfred Olander -03 | KFUM Örebro | 1.37,11 |
| 2 | Henrik Franzén -03 | KFUM Örebro | 1.43,75 |

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|--------------|----------------------|-----------------|------------|
| P8 LÄNGD ZON | | | 2011-01-15 |
| 1 | Lukas Bjuremar -03 | KFUM Örebro | 2.92 |
| 2 | Oscar Capobianco -03 | KFUM Örebro | 2.88 |
| 3 | Ryan Malmgren -03 | Stocksätters IF | 2.16 |

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|------------------|-----|-----|-----|-----|-----|-----|
| Oscar Capobianco | 269 | 288 | 271 | 268 | 288 | 264 |
| Ryan Malmgren | 210 | 216 | 211 | 205 | x | 184 |
| Lukas Bjuremar | 267 | 270 | 273 | x | x | 292 |

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|--------------|------------------------|-------------|--------|------------|
| KVINNOR 60 M | | | HEAT 1 | 2011-01-15 |
| 1 | Hanna Wiss -91 | KFUM Örebro | 7.80 | Final |
| 2 | Stephanie Olsson -91 | KA 2 IF | 7.82 | Final |
| 3 | Freja Jernstig -92 | Tanums IF | 7.86 | Final |
| 4 | Madeleine Eriksson -93 | Gefle IF | 8.02 | Final |
| 5 | Ellen Hjort -93 | KFUM Örebro | 8.10 | Final |
| 6 | Therese Lindhe -91 | IF Göta | 8.19 | Final |
| 7 | Linda Frödin -93 | Gefle IF | 8.29 | Final |
| 8 | Anna Hall -93 | GoIF Tjalve | 8.38 | |

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|--------------|------------------------|-----------------|--------|-------|
| KVINNOR 60 M | | | HEAT 2 | |
| 1 | Julia Skugge -88 | Glanshammars IF | 7.57 | Final |
| 2 | Erica Pettersson -90 | IF Göta | 7.88 | Final |
| 3 | Maryann Andreasson -92 | KFUM Arvika | 7.94 | Final |
| 4 | Malin Eriksson -91 | KFUM Örebro | 8.15 | Final |
| 5 | Isabel Annerfalk -93 | IF Hagen | 8.29 | Final |
| 6 | Stina Karlsson -93 | Sundbybergs IK | 8.39 | |
| 7 | Frida Nordenberg -92 | IFK Mora FIK | 8.58 | |

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|--------------|-----------------------|--------------|--------|-------|
| KVINNOR 60 M | | | HEAT 3 | |
| 1 | Caroline Sandsjoe -92 | IF Göta | 7.75 | Final |
| 2 | Sofia Lund -86 | Hässelby SK | 7.90 | Final |
| 3 | Erica Nordqvist -88 | IF Åland FIN | 8.00 | Final |
| 4 | Jessica Östlund -93 | Hässelby SK | 8.09 | Final |
| 5 | Sofia Granander -94 | Kils AIK | 8.30 | |
| 6 | Angelica Engberg -89 | Hässelby SK | 8.36 | |
| 7 | Åsa Söderlund -93 | Västerås FK | 8.39 | |

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|--------------|-----------------------|-----------------|---------|------------|
| KVINNOR 60 M | | | A-FINAL | 2011-01-15 |
| 1 | Julia Skugge -88 | Glanshammars IF | 7.54 | |
| 2 | Caroline Sandsjoe -92 | IF Göta | 7.65 | |
| 3 | Stephanie Olsson -91 | KA 2 IF | 7.71 | |

| | | | |
|---|------------------------|-------------|------|
| 4 | Hanna Wiss -91 | KFUM Örebro | 7.83 |
| 5 | Sofia Lund -86 | Hässelby SK | 7.85 |
| 6 | Maryann Andreasson -92 | KFUM Arvika | 7.86 |
| 7 | Erica Pettersson -90 | IF Göta | 7.86 |
| 8 | Freja Jernstig -92 | Tanums IF | 7.92 |

KVINNOR 60 M

B-FINAL

| | | | |
|---|------------------------|--------------|----------|
| 1 | Erica Nordqvist -88 | IF Åland FIN | 7.91 |
| 2 | Madeleine Eriksson -93 | Gefle IF | 7.99 |
| 3 | Ellen Hjort -93 | KFUM Örebro | 8.04 |
| 4 | Jessica Östlund -93 | Hässelby SK | 8.10 |
| 5 | Therese Lindhe -91 | IF Göta | 8.17 |
| 6 | Malin Eriksson -91 | KFUM Örebro | 8.31 |
| 7 | Isabel Annerfalk -93 | IF Hagen | 8.33 |
| - | Linda Frödin -93 | Gefle IF | ej start |

KVINNOR 200 M

HEAT 1

2011-01-16

| | | | |
|---|---------------------|-------------|-------|
| 1 | Sofia Granander -94 | Kils AIK | 26.91 |
| 2 | Aina Griksaite -94 | Hellas FIK | 27.61 |
| 3 | Sara Angelmyr -94 | KFUM Örebro | 28.11 |
| 4 | Angelica Öhrn -94 | KFUM Örebro | 29.01 |

KVINNOR 200 M

HEAT 2

| | | | |
|---|----------------------|-------------|-------|
| 1 | Ida Hansen -93 | KFUM Arvika | 25.73 |
| 2 | Louise Harker -94 | KFUM Örebro | 27.38 |
| 3 | Julia Gustafsson -94 | KFUM Örebro | 28.19 |

KVINNOR 200 M

HEAT 3

| | | | |
|---|-----------------------|-------------|-------|
| 1 | Felicia Berglind -93 | Hellas FIK | 26.77 |
| 2 | Rebecca Andersson -93 | KFUM Örebro | 26.96 |
| 3 | Linda Frödin -93 | Gefle IF | 27.16 |

KVINNOR 200 M

HEAT 4

| | | | |
|---|------------------------|-------------|-------|
| 1 | Madeleine Eriksson -93 | Gefle IF | 26.48 |
| 2 | Sara Jernfält -93 | KFUM Örebro | 26.78 |
| 3 | Malin Eriksson -91 | KFUM Örebro | 26.83 |
| 4 | Helena Karlsson -92 | KFUM Örebro | 27.61 |

KVINNOR 200 M

HEAT 5

| | | | |
|---|-----------------------|----------|-------|
| 1 | Erica Pettersson -90 | IF Göta | 25.79 |
| 2 | Malin Lindblom -91 | Gefle IF | 26.17 |
| 3 | Susanne Schussler -95 | IF Göta | 26.20 |
| 4 | Hanna Hermansson -95 | Kils AIK | 26.27 |

KVINNOR 200 M

HEAT 6

| | | | |
|---|------------------------|-------------|----------|
| 1 | Caroline Sandsjoe -92 | IF Göta | 25.09 |
| 2 | Sandra Wagner -92 | KFUM Örebro | 25.26 |
| 3 | Maryann Andreasson -92 | KFUM Arvika | 25.97 |
| - | Hanna Wiss -91 | KFUM Örebro | ej start |

KVINNOR 200 M

SAMLAD LISTA

| | | | |
|----|------------------------|-------------|-------|
| 1 | Caroline Sandsjoe -92 | IF Göta | 25.09 |
| 2 | Sandra Wagner -92 | KFUM Örebro | 25.26 |
| 3 | Ida Hansen -93 | KFUM Arvika | 25.73 |
| 4 | Erica Pettersson -90 | IF Göta | 25.79 |
| 5 | Maryann Andreasson -92 | KFUM Arvika | 25.97 |
| 6 | Malin Lindblom -91 | Gefle IF | 26.17 |
| 7 | Susanne Schussler -95 | IF Göta | 26.20 |
| 8 | Hanna Hermansson -95 | Kils AIK | 26.27 |
| 9 | Madeleine Eriksson -93 | Gefle IF | 26.48 |
| 10 | Felicia Berglind -93 | Hellas FIK | 26.77 |
| 11 | Sara Jernfält -93 | KFUM Örebro | 26.78 |
| 12 | Malin Eriksson -91 | KFUM Örebro | 26.83 |
| 13 | Sofia Granander -94 | Kils AIK | 26.91 |
| 14 | Rebecca Andersson -93 | KFUM Örebro | 26.96 |
| 15 | Linda Frödin -93 | Gefle IF | 27.16 |
| 16 | Louise Harker -94 | KFUM Örebro | 27.38 |

| | | | |
|----|----------------------|-------------|-------|
| 17 | Aina Griksaite -94 | Hellas FIK | 27.61 |
| 18 | Helena Karlsson -92 | KFUM Örebro | 27.61 |
| 19 | Sara Angelmyr -94 | KFUM Örebro | 28.11 |
| 20 | Julia Gustafsson -94 | KFUM Örebro | 28.19 |
| 21 | Angelica Öhrn -94 | KFUM Örebro | 29.01 |

KVINNOR 400 M

HEAT 1

2011-01-15

| | | | |
|---|------------------------|----------|-------|
| 1 | Stina M Jansson -94 | Gefle IF | 61.82 |
| 2 | Frida Kristiansson -92 | IK Ymer | 63.89 |
| 3 | Linda Frödin -93 | Gefle IF | 64.71 |

KVINNOR 400 M

HEAT 2

| | | | |
|---|--------------------|-------------------|-------|
| 1 | Malin Lindblom -91 | Gefle IF | 59.17 |
| 2 | Emma Ulfberg -90 | IK Hakarpspojarna | 60.29 |
| 3 | Sara Jernfält -93 | KFUM Örebro | 60.41 |
| 4 | Emmy Bärjegard -93 | Kvarnsvedens GoIF | 63.05 |

KVINNOR 400 M

HEAT 3

| | | | |
|---|----------------------|------------------|-------|
| 1 | Sandra Wagner -92 | KFUM Örebro | 56.69 |
| 2 | Betty Strandberg -95 | Gefle IF | 57.81 |
| 3 | Elin Axelsson -94 | Trollhättans FIK | 57.96 |
| 4 | Åsa Söderlund -93 | Västerås FK | 58.52 |

KVINNOR 400 M

SAMLAD LISTA

| | | | |
|----|------------------------|-------------------|-------|
| 1 | Sandra Wagner -92 | KFUM Örebro | 56.69 |
| 2 | Betty Strandberg -95 | Gefle IF | 57.81 |
| 3 | Elin Axelsson -94 | Trollhättans FIK | 57.96 |
| 4 | Åsa Söderlund -93 | Västerås FK | 58.52 |
| 5 | Malin Lindblom -91 | Gefle IF | 59.17 |
| 6 | Emma Ulfberg -90 | IK Hakarpspojarna | 60.29 |
| 7 | Sara Jernfält -93 | KFUM Örebro | 60.41 |
| 8 | Stina M Jansson -94 | Gefle IF | 61.82 |
| 9 | Emmy Bärjegard -93 | Kvarnsvedens GoIF | 63.05 |
| 10 | Frida Kristiansson -92 | IK Ymer | 63.89 |
| 11 | Linda Frödin -93 | Gefle IF | 64.71 |

KVINNOR 800 M

2011-01-16

| | | | |
|---|------------------------|------------------|---------|
| 1 | Elin Axelsson -94 | Trollhättans FIK | 2.15,19 |
| 2 | Agnes Sjöström -94 | IK Westmannia | 2.20,26 |
| 3 | Frida Kristiansson -92 | IK Ymer | 2.25,79 |
| 4 | Hanna Dickér -92 | IK Ymer | 2.29,36 |
| 5 | Sofie Wilhelmsson -93 | Västerås FK | 2.30,00 |
| 6 | Louise Sundström -94 | KFUM Örebro | 2.31,97 |
| 7 | Hanna Hoof -87 | IK Ymer | 2.48,14 |

KVINNOR 1500 M

2011-01-15

| | | | |
|---|------------------------------|----------|----------|
| 1 | Isabelle Carlsson-Pallin -94 | Mosjö FK | 5.01,30 |
| 2 | Hanna Dickér -92 | IK Ymer | 5.10,57 |
| 3 | Hanna Hoof -87 | IK Ymer | 5.35,78 |
| - | Frida Kristiansson -92 | IK Ymer | ej start |

KVINNOR 60 M HÄCK

2011-01-16

| | | | |
|---|------------------------|---------------|----------|
| 1 | Maryann Andreasson -92 | KFUM Arvika | 8.97 |
| 2 | Ida Hansen -93 | KFUM Arvika | 9.00 |
| 3 | Therese Lindhe -91 | IF Göta | 9.13 |
| 4 | Mergime Jashari -92 | IK Westmannia | 9.19 |
| 5 | Madeleine Eriksson -93 | Gefle IF | 9.30 |
| 6 | Ellen Hjort -93 | KFUM Örebro | 9.66 |
| 7 | Hanna Hultqvist -92 | Motala AIF | 10.04 |
| - | Maja Rogemyr -91 | IF Göta | ej start |

KVINNOR HÖJD

2011-01-16

| | | | |
|---|------------------------|------------------------|------|
| 1 | Ellen Björklund -90 | IFK Lund | 1.78 |
| 2 | Ellinor Rosenquist -89 | GoIF Tjalve | 1.67 |
| 3 | Felicia Berglind -93 | Hellas Friidrottsklubb | 1.61 |
| 4 | Frida Sjöström -92 | IK Westmannia | 1.61 |
| 5 | Johanna Fransson -93 | Trollhättans FIK | 1.53 |
| 6 | Therese Lindhe -91 | IF Göta | 1.48 |

| | | | | | | | | | | | |
|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 143 | 148 | 153 | 158 | 161 | 164 | 167 | 170 | 175 | 178 | 181 |
| Ellen Björklund | | | | | | o | - | o | o | xo | xxx |
| Therese Lindhe | xo | xxo | xxx | | | | | | | | |
| Felicia Berglind | | o | o | o | o | xxx | | | | | |
| Ellinor Rosenquist | | o | o | xo | o | xxo | xxo | xxx | | | |
| Johanna Fransson | | o | o | xxx | | | | | | | |
| Frida Sjöström | | o | xo | o | o | xxx | | | | | |

KVINNOR STAV

2011-01-15

- | | | | |
|---|------------------------|-------------------|------|
| 1 | Angelica Bengtsson -93 | Hässelby SK | 4.42 |
| 2 | Madeleine Nilsson -90 | Kvarnsvedens GoIF | 4.00 |
| 3 | Emmy Bärjegard -93 | Kvarnsvedens GoIF | 3.10 |
| 4 | Erika Nyström -93 | Motala AIF | 2.40 |

| | | | | | | | | | | | | | | | | | |
|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 240 | 260 | 270 | 290 | 300 | 310 | 320 | 360 | 370 | 380 | 390 | 400 | 410 | 420 | 430 | 442 | 449 |
| Angelica Bengtsson | | | | | | | | | | | | o | o | o | o | o | xxx |
| Erika Nyström | xo | xxx | | | | | | | | | | | | | | | |
| Madeleine Nilsson | | | | | | | | o | o | xo | o | xo | xxx | | | | |
| Emmy Bärjegard | | | o | o | xxo | o | xxx | | | | | | | | | | |

KVINNOR LÄNGD

2011-01-15

- | | | | |
|----|-----------------------|------------------------|------|
| 1 | Malin Marmbrandt -85 | Västerås FK | 5.86 |
| 2 | Hanna Wiss -91 | KFUM Örebro | 5.77 |
| 3 | Linda Bergh -89 | Hässelby SK | 5.67 |
| 4 | Sofia Lund -86 | Hässelby SK | 5.67 |
| 5 | Therese Lindhe -91 | IF Göta | 5.59 |
| 6 | Maja Rogemyr -91 | IF Göta | 5.48 |
| 7 | Sofie Sandberg -85 | Gefle IF | 5.37 |
| 8 | Angelica Engberg -89 | Hässelby SK | 5.33 |
| 9 | Malin Andersson -90 | IK Hakarpspojarna | 5.25 |
| 10 | Sandra Säaw -87 | KFUM Örebro | 5.24 |
| 11 | Malin Eriksson -91 | KFUM Örebro | 5.20 |
| 12 | Mergime Jashari -92 | IK Westmannia | 5.04 |
| 13 | Rebecca Andersson -93 | KFUM Örebro | 5.02 |
| 14 | Felicia Berglind -93 | Hellas Friidrottsklubb | 4.99 |
| 15 | Anna Hall -93 | GoIF Tjalve | 4.91 |
| 16 | Isabelle Mrak -91 | Eskilstuna FI | 4.86 |
| 17 | Stina Karlsson -93 | Sundbybergs IK | 4.81 |
| 18 | Hanna Hultqvist -92 | Motala AIF | 4.73 |

| | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|
| Mergime Jashari | x | 481 | 504 | | | |
| Malin Eriksson | x | x | 520 | | | |
| Sofia Lund | x | 557 | x | x | 567 | x |
| Hanna Wiss | 561 | x | 544 | 565 | 577 | 565 |
| Maja Rogemyr | 525 | 548 | x | 531 | x | x |
| Rebecca Andersson | x | x | 502 | | | |
| Sandra Säaw | 497 | 514 | 524 | | | |
| Sofie Sandberg | 537 | 531 | 536 | x | x | x |
| Therese Lindhe | x | 534 | x | x | 540 | 559 |
| Anna Hall | x | 490 | 491 | | | |
| Isabelle Mrak | 479 | 455 | 486 | | | |
| Stina Karlsson | 471 | 475 | 481 | | | |
| Malin Andersson | 507 | 525 | 510 | | | |
| Felicia Berglind | 490 | 489 | 499 | | | |
| Hanna Hultqvist | 466 | 466 | 473 | | | |
| Malin Marmbrandt | 580 | 586 | 576 | 582 | x | 579 |
| Linda Bergh | x | x | 553 | 566 | x | 567 |
| Angelica Engberg | 533 | x | 519 | 522 | 486 | 518 |

KVINNOR TRESTEG

2011-01-16

- | | | | |
|----|--------------------------|------------------|-------|
| 1 | Elvira Richardsson -96 | IFK Kristinehamn | 11.42 |
| 2 | Mathilda Eriksson -98 | IFK Tumba | 10.77 |
| 3 | Stina Karlsson -93 | Sundbybergs IK | 10.67 |
| 4 | Johanna Pettersson -94 | KFUM Örebro | 10.64 |
| 5 | Emma Bengtsson -94 | KFUM Örebro | 10.46 |
| 6 | Julia Gustafsson -94 | KFUM Örebro | 10.41 |
| 7 | Sofia Jäger Stenberg -94 | Sundbybergs IK | 10.23 |
| 8 | Sara Angelmyr -94 | KFUM Örebro | 10.11 |
| 9 | Amanda Hjalmarsson -97 | Hovslätts IK | 9.95 |
| 10 | Elsa Herlitz -97 | Upsala IF | 9.78 |
| 11 | Caroline Hjalmarsson -93 | Hovslätts IK | 9.71 |
| 12 | Martina Appel -96 | IF Göta | 9.48 |
| 13 | Ida Ekroth -96 | Upsala IF | 9.09 |
| - | Malin Marmbrandt -85 | Västerås FK | 0.00 |

| | | | | | | |
|----------------------|------|------|------|------|------|------|
| Emma Bengtsson | 992 | 1020 | 1045 | 1024 | 1000 | 1046 |
| Martina Appel | 948 | x | 929 | | | |
| Julia Gustafsson | 997 | 999 | 1033 | 1035 | 1030 | 1041 |
| Elvira Richardsson | 1103 | 1098 | 1114 | 1119 | x | 1142 |
| Malin Marmbrandt | x | x | x | | | |
| Sofia Jäger Stenberg | 1023 | x | - | - | - | - |
| Ida Ekroth | 909 | - | - | | | |
| Elsa Herlitz | 978 | x | 969 | | | |
| Amanda Hjalmarsson | 995 | x | 990 | | | |
| Johanna Pettersson | 1037 | 1048 | 1014 | 1040 | 1064 | 1062 |
| Sara Angelmyr | 971 | 997 | 997 | 991 | x | 1011 |
| Mathilda Eriksson | 1077 | - | 997 | x | x | 1028 |
| Caroline Hjalmarsson | x | x | 971 | | | |
| Stina Karlsson | 1046 | 1039 | 946 | 1061 | x | 1067 |

KVINNOR KULA

2011-01-16

| | | |
|--------------------------|------------------|-------|
| 1 Mari Kogstad -89 | IL Skjalg NOR | 11.40 |
| 2 Ellinor Rosenquist -89 | GoIF Tjalve | 11.17 |
| 3 Marielle Bengtsson -93 | Trollhättans FIK | 11.16 |
| 4 Frida Tunemar -93 | Motala AIF | 10.65 |

| | | | | | | |
|--------------------|------|------|------|------|------|------|
| Ellinor Rosenquist | 1098 | 1116 | 1081 | 1099 | 1117 | 1083 |
| Marielle Bengtsson | 1017 | 965 | 973 | 959 | x | 1116 |
| Mari Kogstad | 1043 | 1052 | 1063 | 1072 | 1112 | 1140 |
| Frida Tunemar | 1037 | x | 1065 | 1043 | 1012 | 1064 |

F17 60 M

HEAT 1

2011-01-16

| | | | |
|----------------------------|------------------|------|-------|
| 1 Hanna Hermansson -95 | Kils AIK | 8.14 | Final |
| 2 Sofia Jäger Stenberg -94 | Sundbybergs IK | 8.29 | Final |
| 3 Sofia Sandgren -94 | KFUM Örebro | 8.48 | |
| 4 Filippa Bogen -94 | Råby-Rekarne FIF | 8.70 | |
| 5 Josefine Bränn -94 | KFUM Örebro | 8.85 | |

F17 60 M

HEAT 2

| | | | |
|-------------------------|------------------|------|-------|
| 1 Susanne Schussler -95 | IF Göta | 8.08 | Final |
| 2 Louise Harker -94 | KFUM Örebro | 8.24 | Final |
| 3 Sara Söderberg -94 | IK Norrköping FI | 8.33 | Final |
| 4 Sofia Granander -94 | Kils AIK | 8.33 | |
| 5 Ellen Mattsson -94 | Stocksätters IF | 8.46 | |
| 6 Emma Bengtsson -94 | KFUM Örebro | 8.57 | |

F17 60 M

HEAT 3

| | | | |
|-------------------------|------------------|------|-------|
| 1 Agnes Johansson -95 | Trollhättans FIK | 8.26 | Final |
| 2 Pauline Munters -94 | Falu IK | 8.28 | Final |
| 3 Emelie Strandberg -94 | Eskilstuna FI | 8.29 | Final |
| 4 Olivia Carlson -94 | Råby-Rekarne FIF | 8.53 | |
| 5 Olivia Blixt -94 | Råby-Rekarne FIF | 8.64 | |
| 6 Sarah Larsson -95 | IF Göta | 8.81 | |

F17 60 M

FINAL

2011-01-16

| | | |
|----------------------------|------------------|------|
| 1 Susanne Schussler -95 | IF Göta | 8.00 |
| 2 Hanna Hermansson -95 | Kils AIK | 8.14 |
| 3 Agnes Johansson -95 | Trollhättans FIK | 8.24 |
| 4 Louise Harker -94 | KFUM Örebro | 8.25 |
| 5 Sara Söderberg -94 | IK Norrköping FI | 8.26 |
| 6 Emelie Strandberg -94 | Eskilstuna FI | 8.28 |
| 7 Sofia Jäger Stenberg -94 | Sundbybergs IK | 8.32 |
| 8 Pauline Munters -94 | Falu IK | 8.47 |

F17 400 M

HEAT 1

2011-01-15

| | | |
|------------------------|----------------|-------|
| 1 Emma Larsson -94 | Västerås FK | 63.31 |
| 2 Louise Sundström -94 | KFUM Örebro | 66.16 |
| 3 Pebbles Höglind -95 | Sundbybergs IK | 73.01 |

F17 400 M

HEAT 2

| | | |
|-----------------------|-----------------|-------|
| 1 Agnes Sjöström -94 | IK Westmannia | 59,9m |
| 2 Sofia Granander -94 | Kils AIK | 60,0m |
| 3 Ellen Mattsson -94 | Stocksätters IF | 63,0m |

| | | | |
|-----------|----------------------|-----------------|--------------|
| F17 400 M | | | SAMLAD LISTA |
| 1 | Agnes Sjöström -94 | IK Westmannia | 59,9m |
| 2 | Sofia Granander -94 | Kils AIK | 60,0m |
| 3 | Ellen Mattsson -94 | Stocksätters IF | 63,0m |
| 4 | Emma Larsson -94 | Västerås FK | 63.31 |
| 5 | Louise Sundström -94 | KFUM Örebro | 66.16 |
| 6 | Pebbles Höglind -95 | Sundbybergs IK | 73.01 |

| | | | |
|------------|------------------------------|-----------------|------------|
| F17 1500 M | | | 2011-01-16 |
| 1 | Lisa Bergdahl -95 | Glanshammars IF | 5.11,30 |
| 2 | Julia Schytzer -95 | IF Göta | 5.23,21 |
| 3 | Hanne Gustafsson -95 | IF Göta | 5.39,59 |
| 4 | Pebbles Höglind -95 | Sundbybergs IK | 5.45,87 |
| - | Isabelle Carlsson-Pallin -94 | Mosjö FK | ej start |

| | | | | |
|---------------|----------------------|--------------|--------|------------|
| F17 60 M HÄCK | | | HEAT 1 | 2011-01-15 |
| 1 | Angelica Öhrn -94 | KFUM Örebro | 9.78 | |
| 2 | Sarah Larsson -95 | IF Göta | 9.84 | |
| 3 | Sandra Håkansson -94 | Huddinge AIS | 10.23 | |

| | | | |
|---------------|----------------------|------------------|--------|
| F17 60 M HÄCK | | | HEAT 2 |
| 1 | Pauline Munters -94 | Falu IK | 9.09 |
| 2 | Frida Johansson -95 | IF Göta | 9.17 |
| 3 | Agnes Johansson -95 | Trollhättans FIK | 9.35 |
| 4 | Anna Birgersson -94 | Karlskoga FIF | 9.36 |
| 5 | Hanna Hermansson -95 | Kils AIK | 9.40 |
| 6 | Jonna Kowalski -94 | GoIF Tjalve | 9.70 |

| | | | |
|---------------|----------------------|------------------|--------------|
| F17 60 M HÄCK | | | SAMLAD LISTA |
| 1 | Pauline Munters -94 | Falu IK | 9.09 |
| 2 | Frida Johansson -95 | IF Göta | 9.17 |
| 3 | Agnes Johansson -95 | Trollhättans FIK | 9.35 |
| 4 | Anna Birgersson -94 | Karlskoga FIF | 9.36 |
| 5 | Hanna Hermansson -95 | Kils AIK | 9.40 |
| 6 | Jonna Kowalski -94 | GoIF Tjalve | 9.70 |
| 7 | Angelica Öhrn -94 | KFUM Örebro | 9.78 |
| 8 | Sarah Larsson -95 | IF Göta | 9.84 |
| 9 | Sandra Håkansson -94 | Huddinge AIS | 10.23 |

| | | | |
|----------|----------------------|--------------|------------|
| F17 HÖJD | | | 2011-01-16 |
| 1 | Jennifer Genborg -94 | Östhammar FI | 1.56 |
| 2 | Frida Johansson -95 | IF Göta | 1.53 |
| 3 | Petra Levtsjuk -94 | KFUM Örebro | 1.53 |
| 4 | Hanna Österberg -95 | IF Göta | 1.48 |

| | | | | | | |
|------------------|-----|-----|-----|-----|-----|-----|
| | 138 | 143 | 148 | 153 | 156 | 158 |
| Jennifer Genborg | | | o | xxo | xo | xxx |
| Hanna Österberg | o | o | o | xxx | | |
| Frida Johansson | | o | o | o | xxx | |
| Petra Levtsjuk | | | o | xo | xxx | |

| | | | |
|----------|-----------------------|-------------------|------------|
| F17 STAV | | | 2011-01-15 |
| 1 | Hanna Engholm -94 | Kvarnsvedens GoIF | 3.20 |
| 2 | Malin Gillman -94 | Stocksätters IF | 3.10 |
| 3 | Emma Bengtsson -94 | KFUM Örebro | 2.80 |
| 4 | Malin Linder -94 | SK Bore | 2.70 |
| 5 | Sara Larsson -95 | IF Göta | 2.40 |
| 6 | Anna Hermansson -94 | Hovslätts IK | 2.40 |
| 7 | Fanny Öhrn Selahn -95 | Sundbybergs IK | 2.30 |
| 8 | Sofie Nyman -94 | Upsala IF | 2.30 |
| 9 | Elin Kjellström -95 | Upsala IF | 2.20 |
| 10 | Lisa Anstey -94 | Upsala IF | 2.20 |

| | | | | | | | | | | | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 180 | 190 | 200 | 210 | 220 | 230 | 240 | 250 | 260 | 270 | 280 | 290 | 300 | 310 | 320 | 331 |
| Malin Linder | | | | | | o | o | o | xo | xo | xxx | | | | | |
| Fanny Öhrn Selahn | | | | | o | o | xxx | | | | | | | | | |
| Malin Gillman | | | | | | | | | | | | o | o | xxo | xxx | |
| Anna Hermansson | | | | | xxo | xxo | xxo | xxx | | | | | | | | |
| Lisa Anstey | | xo | xo | xo | xxx | | | | | | | | | | | |
| Sofie Nyman | | o | o | xxo | o | xxx | | | | | | | | | | |
| Sara Larsson | | | | | o | o | xxo | xxx | | | | | | | | |
| Emma Bengtsson | | | | | | | | | xo | xo | xxx | | | | | |
| Hanna Engholm | | | | | | | | | | xo | - | xo | o | xo | xxx | |
| Elin Kjellström | xo | o | o | o | o | xxx | | | | | | | | | | |

F17 LÄNGD

2011-01-15

| | | | |
|----|--------------------------|------------------|------|
| 1 | Frida Johansson -95 | IF Göta | 5.29 |
| 2 | Sofia Jäger Stenberg -94 | Sundbybergs IK | 5.22 |
| 3 | Jonna Kowalski -94 | GoIF Tjalve | 5.20 |
| 4 | Agnes Johansson -95 | Trollhättans FIK | 5.08 |
| 5 | Lovisa Frykholm -95 | Glanshammars IF | 4.99 |
| 6 | Emma Bengtsson -94 | KFUM Örebro | 4.96 |
| 7 | Aina Griksaite -94 | Hellas FIK | 4.96 |
| 8 | Julia Gustafsson -94 | KFUM Örebro | 4.83 |
| 9 | Sara Angelmyr -94 | KFUM Örebro | 4.47 |
| 10 | Sandra Håkansson -94 | Huddinge AIS | 4.38 |
| 11 | Josefine Bränn -94 | KFUM Örebro | 4.34 |
| 12 | Sarah Larsson -95 | IF Göta | 4.21 |
| 13 | Sara Kristersson -94 | Tibro AIK FIK | 4.03 |
| 14 | Linn Nyberg -94 | Motala AIF | 3.12 |

| | | | | | | |
|----------------------|-----|-----|-----|-----|-----|-----|
| Julia Gustafsson | 467 | 470 | 435 | 472 | 483 | 482 |
| Jonna Kowalski | x | 513 | 520 | x | 512 | x |
| Agnes Johansson | 496 | 486 | 506 | 471 | 499 | 508 |
| Sara Kristersson | 328 | 403 | 242 | | | |
| Frida Johansson | 521 | x | 529 | x | x | x |
| Sara Angelmyr | 383 | 447 | 415 | | | |
| Linn Nyberg | 312 | x | x | | | |
| Emma Bengtsson | x | 496 | 486 | 477 | x | 496 |
| Aina Griksaite | 488 | 492 | 490 | 479 | 496 | 443 |
| Sofia Jäger Stenberg | 501 | 512 | x | x | x | 522 |
| Lovisa Frykholm | 469 | x | 469 | 487 | 491 | 499 |
| Josefine Bränn | 417 | x | 434 | | | |
| Sandra Håkansson | 428 | 438 | x | | | |
| Sarah Larsson | 417 | 421 | 415 | | | |

F17 KULA 3,0

2011-01-16

| | | | |
|---|------------------------|------------------|-------|
| 1 | Frida Johansson -95 | IF Göta | 11.22 |
| 2 | Fanny Öhrn Selahn -95 | Sundbybergs IK | 11.14 |
| 3 | Julia Gustafsson -94 | KFUM Örebro | 11.01 |
| 4 | Sara Söderberg -94 | IK Norrköping FI | 10.31 |
| 5 | Johanna Pettersson -94 | KFUM Örebro | 9.62 |
| 6 | Sara Kristersson -94 | Tibro AIK FIK | 8.95 |

| | | | | | | |
|--------------------|------|------|------|------|------|------|
| Sara Söderberg | 1020 | 1026 | x | 995 | 1031 | 1006 |
| Sara Kristersson | 895 | 854 | x | 877 | x | 853 |
| Johanna Pettersson | 922 | 962 | 903 | | | |
| Julia Gustafsson | 1065 | 1088 | 1019 | 1017 | 1101 | |
| Frida Johansson | 1031 | 1064 | 940 | x | 1122 | 1108 |
| Fanny Öhrn Selahn | 1111 | 1061 | 1028 | 999 | 1014 | 1114 |

F15 60 M

HEAT 1

2011-01-16

| | | | | |
|---|----------------------------|------------------|-------|-------------|
| 1 | Anna Westher -97 | KFUM Örebro | 8.26 | Final |
| 2 | Shabnam Jamalnejad -97 | Sundbybergs IK | 8.40 | Final |
| 3 | Louise Graff -96 | Råby-Rekarne FIF | 8.54 | Final |
| 4 | Sofia Renbjörk -97 | GoIF Tjalve | 8.68 | Final |
| 5 | Madeleine Trinh -97 | KFUM Örebro | 8.82 | Final 8.815 |
| 6 | Emma Bouw -96 | Upsala IF | 8.92 | |
| 7 | Sanna Skogum -97 | Upsala IF | 9.29 | |
| 8 | Cecilia Jäger Stenberg -97 | Sundbybergs IK | 10.63 | |

F15 60 M

HEAT 2

| | | | | |
|---|------------------------|------------------|------|-------------|
| 1 | Linnéa Hård -96 | Karlskoga FIF | 8.12 | Final |
| 2 | Elvira Richardsson -96 | IFK Kristinehamn | 8.54 | Final |
| 3 | Sandra Bergengulf -96 | Falu IK | 8.82 | Final 8.816 |
| 4 | Clara Josefson -97 | KFUM Örebro | 8.82 | 8.819 |

| | | | |
|---|--------------------|------------------|------|
| 5 | Lydia Sandgren -97 | Åkersberga SK | 8.98 |
| 6 | Fanny Huss -97 | Åkersberga SK | 9.50 |
| 7 | Sabine Steen -97 | IFK Kristinehamn | 9.72 |

F15 60 M

HEAT 3

| | | | | |
|---|----------------------|-----------------|------|-------|
| 1 | Irene Ekelund -97 | Kils AIK | 8.03 | Final |
| 2 | Agnes Larsson -97 | IF Göta | 8.59 | Final |
| 3 | Hanna Johnsson -96 | Sundbybergs IK | 8.63 | Final |
| 4 | Hanna Johansson -97 | IF Göta | 8.91 | |
| 5 | Sara Särnblad -97 | KFUM Örebro | 8.93 | |
| 6 | Linnea Andersson -97 | Glanshammars IF | 9.00 | |
| 7 | Jennifer Wimert -96 | Åkersberga SK | 9.46 | |

F15 60 M

HEAT 4

| | | | | |
|---|-----------------------------|------------------|------|-------|
| 1 | Johanna Elfving -96 | KFUM Örebro | 8.25 | Final |
| 2 | Johanna Gustavsson -97 | Motala AIF | 8.34 | Final |
| 3 | Sara Lennman -96 | Katrineholms SK | 8.59 | Final |
| 4 | Hanna Holmgren-Karlsson -97 | KFUM Örebro | 8.64 | Final |
| 5 | Diana Andreasson -96 | Åsbro GoIF | 8.66 | Final |
| 6 | Sara Derelöv -96 | Motala AIF | 8.98 | |
| 7 | Rebecca Reittu -96 | Råby-Rekarne FIF | 9.01 | |
| 8 | Stina Hägerdal -97 | IF Göta | 9.35 | |

F15 60 M

A-FINAL

2011-01-16

| | | | |
|---|------------------------|------------------|------|
| 1 | Irene Ekelund -97 | Kils AIK | 7.99 |
| 2 | Linnéa Hård -96 | Karlskoga FIF | 8.18 |
| 3 | Anna Westher -97 | KFUM Örebro | 8.21 |
| 4 | Johanna Elfving -96 | KFUM Örebro | 8.25 |
| 5 | Johanna Gustavsson -97 | Motala AIF | 8.41 |
| 6 | Louise Graff -96 | Råby-Rekarne FIF | 8.45 |
| 7 | Shabnam Jamalnejad -97 | Sundbybergs IK | 8.49 |
| 8 | Elvira Richardsson -96 | IFK Kristinehamn | 8.49 |

F15 60 M

B-FINAL

| | | | |
|---|-----------------------------|-----------------|------|
| 1 | Agnes Larsson -97 | IF Göta | 8.50 |
| 2 | Hanna Johnsson -96 | Sundbybergs IK | 8.65 |
| 3 | Sofia Renbjörk -97 | GoIF Tjalve | 8.67 |
| 4 | Sara Lennman -96 | Katrineholms SK | 8.76 |
| 5 | Madeleine Trinh -97 | KFUM Örebro | 8.89 |
| 6 | Sandra Bergengulf -96 | Falu IK | 8.89 |
| 7 | Diana Andreasson -96 | Åsbro GoIF | 8.95 |
| 8 | Hanna Holmgren-Karlsson -97 | KFUM Örebro | 9.02 |

F15 200 M

HEAT 1

2011-01-15

| | | | |
|---|----------------------|---------------|-------|
| 1 | Emma Bouw -96 | Upsala IF | 29.39 |
| 2 | Klara Henriksson -97 | Åkersberga SK | 30.96 |
| 3 | Felicia Auvinen -97 | IK Westmannia | 31.09 |
| 4 | Jennifer Wimert -96 | Åkersberga SK | 31.36 |

F15 200 M

HEAT 2

| | | | |
|---|----------------------|------------------|-------|
| 1 | Sara Nordin -97 | Trollhättans FIK | 29.32 |
| 2 | Linnea Andersson -97 | Glanshammars IF | 30.58 |
| 3 | Fanny Huss -97 | Åkersberga SK | 32.58 |
| 4 | Frida Persaud -96 | Åkersberga SK | 34.36 |

F15 200 M

HEAT 3

| | | | |
|---|-----------------------------|---------------|-------|
| 1 | Sofia Renbjörk -97 | GoIF Tjalve | 28.28 |
| 2 | Hanna Holmgren-Karlsson -97 | KFUM Örebro | 28.92 |
| 3 | Isabelle Brauer -96 | Åkersberga SK | 29.04 |
| 4 | Isabella Carlbom -96 | Åkersberga SK | 31.97 |

F15 200 M

HEAT 4

| | | | |
|---|---------------------|----------------|-------|
| 1 | Johanna Elfving -96 | KFUM Örebro | 27.20 |
| 2 | Agnes Larsson -97 | IF Göta | 27.57 |
| 3 | Moa Ullgren -96 | GoIF Tjalve | 27.65 |
| 4 | Hanna Johnsson -96 | Sundbybergs IK | 28.21 |

| F15 200 M | | HEAT 5 | |
|-----------|------------------------|----------------|-------|
| 1 | Irene Ekelund -97 | Kils AIK | 25.57 |
| 2 | Anna Westher -97 | KFUM Örebro | 26.86 |
| 3 | Linnéa Hård -96 | Karlskoga FIF | 26.98 |
| 4 | Shabnam Jamalnejad -97 | Sundbybergs IK | 27.76 |

| F15 200 M | | SAMLAD LISTA | |
|-----------|-----------------------------|------------------|-------|
| 1 | Irene Ekelund -97 | Kils AIK | 25.57 |
| 2 | Anna Westher -97 | KFUM Örebro | 26.86 |
| 3 | Linnéa Hård -96 | Karlskoga FIF | 26.98 |
| 4 | Johanna Elfving -96 | KFUM Örebro | 27.20 |
| 5 | Agnes Larsson -97 | IF Göta | 27.57 |
| 6 | Moa Ullgren -96 | GoIF Tjalve | 27.65 |
| 7 | Shabnam Jamalnejad -97 | Sundbybergs IK | 27.76 |
| 8 | Hanna Johnsson -96 | Sundbybergs IK | 28.21 |
| 9 | Sofia Renbjörk -97 | GoIF Tjalve | 28.28 |
| 10 | Hanna Holmgren-Karlsson -97 | KFUM Örebro | 28.92 |
| 11 | Isabelle Brauer -96 | Åkersberga SK | 29.04 |
| 12 | Sara Nordin -97 | Trollhättans FIK | 29.32 |
| 13 | Emma Bouw -96 | Upsala IF | 29.39 |
| 14 | Linnea Andersson -97 | Glanshammars IF | 30.58 |
| 15 | Klara Henriksson -97 | Åkersberga SK | 30.96 |
| 16 | Felicia Auvinen -97 | IK Westmannia | 31.09 |
| 17 | Jennifer Wimert -96 | Åkersberga SK | 31.36 |
| 18 | Isabella Carlbom -96 | Åkersberga SK | 31.97 |
| 19 | Fanny Huss -97 | Åkersberga SK | 32.58 |
| 20 | Frida Persaud -96 | Åkersberga SK | 34.36 |

| F15 1000 M | | | | 2011-01-16 |
|------------|------------------------|------------------|---------|------------|
| 1 | Sara Christiansson -97 | Trollhättans FIK | 3.08,29 | |
| 2 | Julia Ringdahl -97 | GoIF Tjalve | 3.08,38 | |
| 3 | Isabelle Brauer -96 | Åkersberga SK | 3.09,36 | |
| 4 | Ella Sjödin -97 | IF Göta | 3.14,56 | |
| 5 | Moa Rothman -96 | Västerås FK | 3.15,70 | |
| 6 | Klara Henriksson -97 | Åkersberga SK | 3.20,37 | |
| 7 | Klara Eklund -96 | IK Westmannia | 3.25,39 | |
| 8 | Linnea Quist -97 | IF Göta | 3.29,75 | |
| 9 | Emma Päiväranta -97 | IF Göta | 3.34,85 | |
| 10 | Emelina Schytzer -97 | IF Göta | 3.41,67 | |
| 11 | Hanna Karlsson -97 | IFK Nora FI | 3.49,74 | |
| 12 | Isabella Carlbom -96 | Åkersberga SK | 3.50,20 | |

| F15 60 M HÄCK | | HEAT 1 | | | 2011-01-15 |
|---------------|------------------------|------------------|-------|-------|------------|
| 1 | Linnéa Hård -96 | Karlskoga FIF | 9.19 | Final | |
| 2 | Sara Cannmo -96 | Hovslätts IK | 9.54 | Final | |
| 3 | Emma Bouw -96 | Upsala IF | 10.00 | Final | |
| 4 | Amanda Hjalmarsson -97 | Hovslätts IK | 10.55 | | |
| 5 | Sara Derelöv -96 | Motala AIF | 10.79 | | |
| 6 | Caroline Skilt -97 | Åkersberga SK | 11.31 | | |
| 7 | Sabine Steen -97 | IFK Kristinehamn | 12.46 | | |

| F15 60 M HÄCK | | HEAT 2 | | | |
|---------------|-----------------------------|------------------|-------|-------|--|
| 1 | Irene Ekelund -97 | Kils AIK | 9.11 | Final | |
| 2 | Hanna Johnsson -96 | Sundbybergs IK | 9.56 | Final | |
| 3 | Moa Ullgren -96 | GoIF Tjalve | 9.63 | Final | |
| 4 | Sara Nordin -97 | Trollhättans FIK | 9.82 | Final | |
| 5 | Sofia Renbjörk -97 | GoIF Tjalve | 10.03 | Final | |
| 6 | Hanna Holmgren-Karlsson -97 | KFUM Örebro | 10.30 | | |
| 7 | Lisa Piscator -97 | IFK Kristinehamn | 10.68 | | |

| F15 60 M HÄCK | | FINAL | | | 2011-01-15 |
|---------------|-------------------|------------------|------|--|------------|
| 1 | Irene Ekelund -97 | Kils AIK | 9.05 | | |
| 2 | Linnéa Hård -96 | Karlskoga FIF | 9.12 | | |
| 3 | Sara Cannmo -96 | Hovslätts IK | 9.52 | | |
| 4 | Sara Nordin -97 | Trollhättans FIK | 9.71 | | |
| 5 | Moa Ullgren -96 | GoIF Tjalve | 9.74 | | |

| | | | |
|---|--------------------|----------------|------|
| 6 | Hanna Johnsson -96 | Sundbybergs IK | 9.76 |
| 7 | Emma Bouw -96 | Upsala IF | 9.92 |
| 8 | Sofia Renbjörk -97 | GoIF Tjalve | 9.96 |

F15 HÖJD

2011-01-16

| | | | |
|----|------------------------|------------------|------|
| 1 | Johanna Gustavsson -97 | Motala AIF | 1.54 |
| 2 | Wilma Nilsagård -97 | KFUM Örebro | 1.51 |
| 3 | Amanda Hjalmarsson -97 | Hovslätts IK | 1.48 |
| 4 | Fanny Bergetoft -96 | KFUM Örebro | 1.48 |
| 5 | Caroline Skillt -97 | Åkersberga SK | 1.48 |
| 6 | Mathilda Fästh -97 | Upsala IF | 1.48 |
| 7 | Linnéa Hård -96 | Karlskoga FIF | 1.43 |
| 8 | Lisa Piscator -97 | IFK Kristinehamn | 1.43 |
| 9 | Emma Bouw -96 | Upsala IF | 1.38 |
| 10 | Ida Ekroth -96 | Upsala IF | 1.33 |
| 10 | Felicia Auvinen -97 | IK Westmannia | 1.33 |
| 12 | Isabella Carlbom -96 | Åkersberga SK | 1.28 |
| - | Elsa Herlitz -97 | Upsala IF | 0.00 |

| | | | | | | | | | |
|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 123 | 128 | 133 | 138 | 143 | 148 | 151 | 154 | 160 |
| Emma Bouw | | o | o | o | xxx | | | | |
| Ida Ekroth | o | o | o | x-- | | | | | |
| Lisa Piscator | | o | o | xxo | xxo | xxx | | | |
| Felicia Auvinen | o | o | o | xxx | | | | | |
| Johanna Gustavsson | | | | | xo | o | o | xxo | xxx |
| Linnéa Hård | | | | xo | o | xxx | | | |
| Elsa Herlitz | xxx | | | | | | | | |
| Fanny Bergetoft | | | | o | o | xo | xxx | | |
| Isabella Carlbom | o | xxo | xxx | | | | | | |
| Caroline Skillt | | | | o | o | xxo | xxx | | |
| Amanda Hjalmarsson | | | | o | xxo | o | xxx | | |
| Mathilda Fästh | | | | xo | xo | xxo | xxx | | |
| Wilma Nilsagård | | | | o | xxo | xo | xxx | | |

F15 STAV

2011-01-15

| | | | |
|---|-----------------------|-------------------|------|
| 1 | Sandra Bergenulf -96 | Falu IK | 3.12 |
| 2 | Emma Häggström -96 | Kvarnsvedens GoIF | 2.90 |
| 3 | Sara Cannmo -96 | Hovslätts IK | 2.90 |
| 4 | Sabina Forsberg -98 | Glanshammars IF | 2.20 |
| 5 | Lisa Piscator -97 | IFK Kristinehamn | 2.10 |
| 6 | Mathilda Eriksson -98 | IFK Tumba | 2.00 |
| 7 | Erica Edström -97 | IFK Kristinehamn | 1.90 |

| | | | | | | | | | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 180 | 190 | 200 | 210 | 220 | 230 | 240 | 260 | 270 | 280 | 290 | 300 | 312 | 318 |
| Sandra Bergenulf | | | | | | | | | | xo | o | o | xxo | xxx |
| Lisa Piscator | | xxo | o | xxo | xxx | | | | | | | | | |
| Mathilda Eriksson | o | o | o | xxx | | | | | | | | | | |
| Sabina Forsberg | xo | o | o | xxo | xo | xxx | | | | | | | | |
| Erica Edström | o | o | xxx | | | | | | | | | | | |
| Emma Häggström | | | | | | | o | o | o | o | o | xxx | | |
| Sara Cannmo | | | | | | | o | o | o | xo | o | xxx | | |

F15 LÄNGD

2011-01-16

| | | | |
|----|------------------------|------------------|------|
| 1 | Elvira Richardsson -96 | IFK Kristinehamn | 5.46 |
| 2 | Hanna Johnsson -96 | Sundbybergs IK | 4.74 |
| 3 | Sara Nordin -97 | Trollhättans FIK | 4.68 |
| 4 | Agnes Larsson -97 | IF Göta | 4.68 |
| 5 | Sofia Renbjörk -97 | GoIF Tjalve | 4.59 |
| 6 | Amanda Hjalmarsson -97 | Hovslätts IK | 4.57 |
| 7 | Lisa Piscator -97 | IFK Kristinehamn | 4.54 |
| 8 | Lovisa Berglund -97 | KFUM Örebro | 4.38 |
| 9 | Sara Lennman -96 | Katrineholms SK | 4.34 |
| 10 | Hanna Johansson -97 | IF Göta | 4.26 |
| 11 | Felicia Auvinen -97 | IK Westmannia | 4.25 |
| 12 | Caroline Skillt -97 | Åkersberga SK | 4.21 |
| 13 | Diana Andreasson -96 | Åsbro GoIF | 4.17 |
| 14 | Emma Bouw -96 | Upsala IF | 4.13 |
| 15 | Klara Eklund -96 | IK Westmannia | 4.07 |
| 16 | Sara Derelöv -96 | Motala AIF | 4.05 |
| 17 | Fanny Bergetoft -96 | KFUM Örebro | 4.04 |
| 18 | Linnea Quist -97 | IF Göta | 4.04 |

| | | | |
|----|----------------------------|------------------|------|
| 19 | Linnea Andersson -97 | Glanshammars IF | 4.02 |
| 20 | Jennifer Wimert -96 | Åkersberga SK | 3.91 |
| 21 | Sanna Skogum -97 | Upsala IF | 3.88 |
| 22 | Sabine Steen -97 | IFK Kristinehamn | 3.76 |
| 23 | Lydia Sandgren -97 | Åkersberga SK | 3.76 |
| 24 | Stina Hägerdal -97 | IF Göta | 3.67 |
| 25 | Sanna Lindström -97 | Glanshammars IF | 3.66 |
| 26 | Frida Persaud -96 | Åkersberga SK | 3.31 |
| 27 | Cecilia Jäger Stenberg -97 | Sundbybergs IK | 2.92 |

| | | | | | | |
|------------------------|-----|-----|-----|-----|-----|-----|
| Sabine Steen | 372 | 376 | 343 | | | |
| Agnes Larsson | 468 | 318 | 441 | 429 | x | 453 |
| Sara Nordin | 468 | x | x | x | 461 | x |
| Emma Bouw | x | 413 | 412 | | | |
| Stina Hägerdal | 364 | 367 | 363 | | | |
| Hanna Johansson | 384 | 387 | 426 | | | |
| Fanny Bergetoft | 384 | 395 | 404 | | | |
| Sanna Skogum | 376 | 357 | 388 | | | |
| Linnea Andersson | 402 | 372 | 371 | | | |
| Jennifer Wimert | x | 390 | 391 | | | |
| Lovisa Berglund | 438 | 419 | 424 | 430 | x | 420 |
| Lisa Piscator | 413 | 454 | x | 431 | 425 | x |
| Felicia Auvinen | 425 | 413 | 413 | | | |
| Caroline Skillt | 380 | 421 | x | | | |
| Sofia Renbjörk | 431 | 447 | 438 | 448 | 459 | 456 |
| Amanda Hjalmarsson | x | 457 | x | 417 | x | 449 |
| Linnea Quist | 404 | 386 | x | | | |
| Lydia Sandgren | 316 | 245 | 376 | | | |
| Elvira Richardsson | 538 | 529 | x | x | 546 | 541 |
| Sanna Lindström | 355 | 366 | 333 | | | |
| Frida Persaud | x | 331 | x | | | |
| Sara Derelöv | 375 | 375 | 405 | | | |
| Sara Lennman | 434 | 151 | x | | | |
| Klara Eklund | 407 | 399 | 369 | | | |
| Cecilia Jäger Stenberg | 270 | 292 | 288 | | | |
| Diana Andreasson | 411 | 417 | 407 | | | |
| Hanna Johnsson | x | 466 | x | x | 465 | 474 |

F15 KULA 3,0

2011-01-15

| | | | |
|----|----------------------------|------------------|-------|
| 1 | Agnes Larsson -97 | IF Göta | 12.88 |
| 2 | Sara Lennman -96 | Katrineholms SK | 11.25 |
| 3 | Moa Ullgren -96 | GoIF Tjalve | 10.05 |
| 4 | Emma Bouw -96 | Upsala IF | 8.52 |
| 5 | Sara Derelöv -96 | Motala AIF | 7.60 |
| 6 | Amanda Hjalmarsson -97 | Hovslätts IK | 7.53 |
| 7 | Felicia Auvinen -97 | IK Westmannia | 7.05 |
| 8 | Fanny Huss -97 | Åkersberga SK | 6.92 |
| 9 | Cecilia Jäger Stenberg -97 | Sundbybergs IK | 6.62 |
| 10 | Sabine Steen -97 | IFK Kristinehamn | 6.25 |

| | | | | | | |
|------------------------|------|------|------|------|------|------|
| Sabine Steen | 625 | 591 | 471 | | | |
| Fanny Huss | 560 | 676 | 667 | 647 | 692 | 658 |
| Moa Ullgren | 984 | x | x | 1005 | 999 | 999 |
| Felicia Auvinen | 674 | 658 | 664 | 644 | 647 | 705 |
| Amanda Hjalmarsson | 741 | x | x | 510 | 732 | 753 |
| Cecilia Jäger Stenberg | 586 | 620 | 662 | | | |
| Sara Lennman | 1125 | 1011 | 957 | 1015 | 1101 | 1106 |
| Sara Derelöv | 673 | 721 | 760 | x | 670 | 695 |
| Agnes Larsson | 1123 | 1047 | 1171 | 1288 | 1107 | 1104 |
| Emma Bouw | 802 | 807 | 852 | 810 | 724 | 783 |

F13 60 M

HEAT 1

2011-01-16

| | | | | |
|---|-----------------------|---------------|-------|-------|
| 1 | Jessica Mattsson -98 | Tierps IF FI | 9.00 | Final |
| 2 | Martina Bergqvist -99 | IF Göta | 9.19 | Final |
| 3 | Linn Gustafsson -98 | IF Göta | 9.26 | Final |
| 4 | Karin Linderkers -99 | Leksands FIK | 9.49 | |
| 5 | Rebecca Edberg -98 | IK Westmannia | 9.56 | |
| 6 | Ida Hamrin -98 | Åkersberga SK | 9.96 | |
| 7 | Lovisa Larsson -98 | KFUM Örebro | 10.04 | |
| 8 | Sandra Östberg -99 | KFUM Örebro | 10.48 | |

| F13 60 M | | HEAT 2 | | |
|----------|-----------------------------|-----------------|------|-------|
| 1 | Fanny Ernestam -98 | KFUM Örebro | 8.67 | Final |
| 2 | Josefine Larsson -98 | Glanshammars IF | 8.97 | Final |
| 3 | Eunice Nilsson -98 | KFUM Örebro | 9.25 | Final |
| 4 | Elin Palmér -98 | KFUM Örebro | 9.30 | Final |
| 5 | Maja Gustafsson -98 | Västerås FK | 9.57 | |
| 6 | Emilia Nyberg-Johansson -99 | Åsbro GoIF | 9.87 | |
| 7 | Annalisa Billing -98 | Åkersberga SK | 9.93 | |

| F13 60 M | | HEAT 3 | | |
|----------|----------------------|-----------------|-------|----------|
| 1 | Claudia Payton -98 | IF Göta | 8.26 | Final |
| 2 | Julia Persson -98 | IK Westmannia | 9.24 | Final |
| 3 | Alice Evebring -99 | IF Hagen | 9.45 | |
| 4 | Emelina Wirebro -99 | Motala AIF | 9.71 | |
| 5 | Emelie Johansson -98 | Stocksätters IF | 9.81 | |
| 6 | Ella Weintraub -99 | Åkersberga SK | 10.35 | |
| 7 | Linda Pettersson -98 | KFUM Örebro | 10.75 | |
| - | Olivia Sahlin -99 | Åkersberga SK | | ej start |

| F13 60 M | | HEAT 4 | | |
|----------|---------------------|-----------------|-------|-------|
| 1 | Moa Seger -99 | Glanshammars IF | 8.97 | Final |
| 2 | Alva Lindsmyr -98 | Åsbro GoIF | 9.14 | Final |
| 3 | Malin Svärdling -98 | Åkersberga SK | 9.20 | Final |
| 4 | Wilma Toivola -98 | Glanshammars IF | 9.39 | |
| 5 | Amanda Aasa -99 | Habo FIF-04 | 9.65 | |
| 6 | Sofie Håkansson -98 | Åkersberga SK | 9.95 | |
| 7 | Ida Sjö Dahl -98 | KFUM Örebro | 10.11 | |
| 8 | Hanna Otterhed -99 | KFUM Örebro | 10.51 | |

| F13 60 M | | HEAT 5 | | |
|----------|-----------------------|------------------|-------|-------|
| 1 | Hanna Wahlström -99 | Åsbro GoIF | 8.80 | Final |
| 2 | Ida Thunberg -99 | IK Stål | 8.94 | Final |
| 3 | Filippa Carlson -99 | Råby-Rekarne FIF | 9.17 | Final |
| 4 | Elin Bärjegård -99 | Leksands FIK | 9.34 | Final |
| 5 | Felicia Engberg -98 | Leksands FIK | 9.68 | |
| 6 | Anna Lennman -98 | Katrineholms SK | 9.83 | |
| 7 | Alva Cederholm -99 | IK Stål | 9.85 | |
| 8 | Sandra Westerling -98 | IF Göta | 10.02 | |

| F13 60 M | | A-FINAL | | 2011-01-16 |
|----------|----------------------|-----------------|------|------------|
| 1 | Claudia Payton -98 | IF Göta | 8.38 | |
| 2 | Fanny Ernestam -98 | KFUM Örebro | 8.65 | |
| 3 | Hanna Wahlström -99 | Åsbro GoIF | 8.83 | |
| 4 | Moa Seger -99 | Glanshammars IF | 8.95 | |
| 5 | Jessica Mattsson -98 | Tierps IF FI | 9.02 | |
| 6 | Josefine Larsson -98 | Glanshammars IF | 9.02 | |
| 7 | Ida Thunberg -99 | IK Stål | 9.08 | |
| 8 | Alva Lindsmyr -98 | Åsbro GoIF | 9.52 | |

| F13 60 M | | B-FINAL | | |
|----------|-----------------------|------------------|------|--|
| 1 | Filippa Carlson -99 | Råby-Rekarne FIF | 9.12 | |
| 2 | Malin Svärdling -98 | Åkersberga SK | 9.19 | |
| 3 | Martina Bergqvist -99 | IF Göta | 9.21 | |
| 4 | Linn Gustafsson -98 | IF Göta | 9.29 | |
| 5 | Elin Palmér -98 | KFUM Örebro | 9.33 | |
| 6 | Julia Persson -98 | IK Westmannia | 9.35 | |
| 7 | Eunice Nilsson -98 | KFUM Örebro | 9.35 | |
| 8 | Elin Bärjegård -99 | Leksands FIK | 9.39 | |

| F13 200 M | | HEAT 1 | | 2011-01-15 |
|-----------|--------------------|-------------|-------|------------|
| 1 | Amanda Aasa -99 | Habo FIF-04 | 32.61 | |
| 2 | Lisa Brorson -99 | KFUM Örebro | 34.67 | |
| 3 | Sandra Östberg -99 | KFUM Örebro | 35.38 | |

| | | | |
|-----------|-----------------------------|---------------|--------------|
| F13 200 M | | HEAT 2 | |
| 1 | Annalisa Billing -98 | Åkersberga SK | 33.93 |
| 2 | Emilia Nyberg-Johansson -99 | Åsbro GoIF | 34.63 |
| - | Emelie Andersson -98 | KFUM Örebro | diskv F4.2.9 |

| | | | |
|-----------|-------------------------------|---------------|-------|
| F13 200 M | | HEAT 3 | |
| 1 | Victoria Sandsjoe -98 | IF Göta | 31.76 |
| 2 | Kajsa Schöien Fritiofsson -98 | IF Göta | 33.59 |
| 3 | Ida Hamrin -98 | Åkersberga SK | 33.79 |
| 4 | Linda Pettersson -98 | KFUM Örebro | 37.24 |

| | | | |
|-----------|---------------------|-----------------|-------|
| F13 200 M | | HEAT 4 | |
| 1 | Wilma Toivola -98 | Glanshammars IF | 30.83 |
| 2 | Helena Thim -98 | Upsala IF | 32.38 |
| 3 | Emelina Wirebro -99 | Motala AIF | 33.15 |
| 4 | Alva Cederholm -99 | IK Stål | 33.33 |

| | | | |
|-----------|----------------------|--------------|--------------|
| F13 200 M | | HEAT 5 | |
| 1 | Sofia Lindh -98 | Upsala IF | 30.44 |
| 2 | Karin Linderkers -99 | Leksands FIK | 31.03 |
| 3 | Elin Bärjegård -99 | Leksands FIK | 32.17 |
| - | Hanna Otterhed -99 | KFUM Örebro | diskv F4.2.9 |

| | | | |
|-----------|---------------------|--------------|-------|
| F13 200 M | | HEAT 6 | |
| 1 | Elin Palmér -98 | KFUM Örebro | 31.84 |
| 2 | Maja Gustafsson -98 | Västerås FK | 32.38 |
| 3 | Eunice Nilsson -98 | KFUM Örebro | 33.70 |
| 4 | Felicia Engberg -98 | Leksands FIK | 33.74 |

| | | | |
|-----------|-------------------|-----------------|-------|
| F13 200 M | | HEAT 7 | |
| 1 | Moa Seger -99 | Glanshammars IF | 30.19 |
| 2 | Julia Persson -98 | IK Westmannia | 30.44 |
| 3 | Klara Flygare -98 | Glanshammars IF | 31.35 |
| 4 | Irma Comstedt -99 | KFUM Örebro | 31.76 |

| | | | |
|-----------|-----------------------|--------------|-------|
| F13 200 M | | HEAT 8 | |
| 1 | Claudia Payton -98 | IF Göta | 28.58 |
| 2 | Jessica Mattsson -98 | Tierps IF FI | 30.30 |
| 3 | Alva Lindsmyr -98 | Åsbro GoIF | 30.97 |
| 4 | Martina Bergqvist -99 | IF Göta | 31.68 |

| | | | |
|-----------|-----------------------|---------------|-------|
| F13 200 M | | HEAT 9 | |
| 1 | Mathilda Eriksson -98 | IFK Tumba | 27.97 |
| 2 | Fanny Ernestam -98 | KFUM Örebro | 28.59 |
| 3 | Malin Svärdling -98 | Åkersberga SK | 29.84 |
| 4 | Ida Thunberg -99 | IK Stål | 30.34 |

| | | | |
|-----------|-----------------------|-----------------|-------|
| F13 200 M | | SAMLAD LISTA | |
| 1 | Mathilda Eriksson -98 | IFK Tumba | 27.97 |
| 2 | Claudia Payton -98 | IF Göta | 28.58 |
| 3 | Fanny Ernestam -98 | KFUM Örebro | 28.59 |
| 4 | Malin Svärdling -98 | Åkersberga SK | 29.84 |
| 5 | Moa Seger -99 | Glanshammars IF | 30.19 |
| 6 | Jessica Mattsson -98 | Tierps IF FI | 30.30 |
| 7 | Ida Thunberg -99 | IK Stål | 30.34 |
| 8 | Sofia Lindh -98 | Upsala IF | 30.44 |
| 9 | Julia Persson -98 | IK Westmannia | 30.44 |
| 10 | Wilma Toivola -98 | Glanshammars IF | 30.83 |
| 11 | Alva Lindsmyr -98 | Åsbro GoIF | 30.97 |
| 12 | Karin Linderkers -99 | Leksands FIK | 31.03 |
| 13 | Klara Flygare -98 | Glanshammars IF | 31.35 |
| 14 | Martina Bergqvist -99 | IF Göta | 31.68 |
| 15 | Victoria Sandsjoe -98 | IF Göta | 31.76 |
| 16 | Irma Comstedt -99 | KFUM Örebro | 31.76 |
| 17 | Elin Palmér -98 | KFUM Örebro | 31.84 |
| 18 | Elin Bärjegård -99 | Leksands FIK | 32.17 |
| 19 | Helena Thim -98 | Upsala IF | 32.38 |

| | | | |
|----|-------------------------------|---------------|--------------|
| 20 | Maja Gustafsson -98 | Västerås FK | 32.38 |
| 21 | Amanda Aasa -99 | Habo FIF-04 | 32.61 |
| 22 | Emelina Wirebro -99 | Motala AIF | 33.15 |
| 23 | Alva Cederholm -99 | IK Stål | 33.33 |
| 24 | Kajsa Schöien Fritiofsson -98 | IF Göta | 33.59 |
| 25 | Eunice Nilsson -98 | KFUM Örebro | 33.70 |
| 26 | Felicia Engberg -98 | Leksands FIK | 33.74 |
| 27 | Ida Hamrin -98 | Åkersberga SK | 33.79 |
| 28 | Annalisa Billing -98 | Åkersberga SK | 33.93 |
| 29 | Emilia Nyberg-Johansson -99 | Åsbro GoIF | 34.63 |
| 30 | Lisa Brorson -99 | KFUM Örebro | 34.67 |
| 31 | Sandra Östberg -99 | KFUM Örebro | 35.38 |
| 32 | Linda Pettersson -98 | KFUM Örebro | 37.24 |
| - | Emelie Andersson -98 | KFUM Örebro | diskv F4.2.9 |
| - | Hanna Otterhed -99 | KFUM Örebro | diskv F4.2.9 |

F13 600 M

HEAT 1

2011-01-16

| | | | |
|---|---------------------|---------------|---------|
| 1 | Agnes Jansson -98 | IK Westmannia | 2.00,89 |
| 2 | Linn Gustafsson -98 | IF Göta | 2.02,77 |
| 3 | Ida Hamrin -98 | Åkersberga SK | 2.03,52 |
| 4 | Rebecca Edberg -98 | IK Westmannia | 2.04,13 |
| 5 | Sofie Håkansson -98 | Åkersberga SK | 2.20,56 |

F13 600 M

HEAT 2

| | | | |
|---|-----------------------|-----------------|---------|
| 1 | Beatrice Larsson -98 | IF Göta | 1.49,81 |
| 2 | Lovisa Martinsson -98 | IF Göta | 1.50,69 |
| 3 | Malin Svärdling -98 | Åkersberga SK | 1.50,95 |
| 4 | Ida Thunberg -99 | IK Stål | 1.53,90 |
| 5 | Sabina Forsberg -98 | Glanshammars IF | 1.57,73 |
| 6 | Tilda Lundström -99 | Eskilstuna FI | 1.58,40 |
| 7 | Emelina Wirebro -99 | Motala AIF | 1.58,59 |
| 8 | Emma Jansson -98 | IK Westmannia | 1.58,90 |

F13 600 M

SAMLAD LISTA

| | | | |
|----|-----------------------|-----------------|---------|
| 1 | Beatrice Larsson -98 | IF Göta | 1.49,81 |
| 2 | Lovisa Martinsson -98 | IF Göta | 1.50,69 |
| 3 | Malin Svärdling -98 | Åkersberga SK | 1.50,95 |
| 4 | Ida Thunberg -99 | IK Stål | 1.53,90 |
| 5 | Sabina Forsberg -98 | Glanshammars IF | 1.57,73 |
| 6 | Tilda Lundström -99 | Eskilstuna FI | 1.58,40 |
| 7 | Emelina Wirebro -99 | Motala AIF | 1.58,59 |
| 8 | Emma Jansson -98 | IK Westmannia | 1.58,90 |
| 9 | Agnes Jansson -98 | IK Westmannia | 2.00,89 |
| 10 | Linn Gustafsson -98 | IF Göta | 2.02,77 |
| 11 | Ida Hamrin -98 | Åkersberga SK | 2.03,52 |
| 12 | Rebecca Edberg -98 | IK Westmannia | 2.04,13 |
| 13 | Sofie Håkansson -98 | Åkersberga SK | 2.20,56 |

F13 60 M HÄCK

HEAT 1

2011-01-15

| | | | | |
|---|-----------------------|---------------|-------|-------|
| 1 | Mathilda Eriksson -98 | IFK Tumba | 9.93 | Final |
| 2 | Ebba Gustavsson -98 | Motala AIF | 10.53 | Final |
| 3 | Olivia Sahlin -99 | Åkersberga SK | 11.72 | Final |
| 4 | Julia Persson -98 | IK Westmannia | 12.82 | |
| 5 | Ebba Blomstrand -00 | Åsbro GoIF | 13.03 | |
| 6 | Agnes Jansson -98 | IK Westmannia | 13.04 | |
| 7 | Emelina Wirebro -99 | Motala AIF | 13.15 | |

F13 60 M HÄCK

HEAT 2

| | | | | |
|---|-----------------------|-----------------|-------|-------|
| 1 | Ida Thunberg -99 | IK Stål | 10.66 | Final |
| 2 | Elin Bärjegård -99 | Leksands FIK | 11.19 | Final |
| 3 | Alexandra Larsson -98 | IF Göta | 11.86 | |
| 4 | Elin Domberg -98 | KFUM Örebro | 12.01 | |
| 5 | Elin Palmér -98 | KFUM Örebro | 12.12 | |
| 6 | Felicia Engberg -98 | Leksands FIK | 12.78 | |
| 7 | Alva Cederholm -99 | IK Stål | 14.06 | |
| 8 | Emelie Johansson -98 | Stocksätters IF | 14.11 | |

| F13 60 M HÄCK | | HEAT 3 | |
|---------------|----------------------|-----------------|-------------|
| 1 | Malin Svärdling -98 | Åkersberga SK | 10.35 Final |
| 2 | Jessica Mattsson -98 | Tierps IF FI | 10.96 Final |
| 3 | Sofia Lindh -98 | Upsala IF | 11.69 Final |
| 4 | Karin Linderkers -99 | Leksands FIK | 12.09 |
| 5 | Emma Jansson -98 | IK Westmannia | 12.82 |
| 6 | Eunice Nilsson -98 | KFUM Örebro | 12.93 |
| 7 | Amanda Mattsson -99 | Stocksätters IF | 13.20 |
| 8 | Annalisa Billing -98 | Åkersberga SK | 13.42 |

| F13 60 M HÄCK | | FINAL | | 2011-01-15 |
|---------------|-----------------------|---------------|-------|------------|
| 1 | Mathilda Eriksson -98 | IFK Tumba | 9.62 | |
| 2 | Malin Svärdling -98 | Åkersberga SK | 10.28 | |
| 3 | Ebba Gustavsson -98 | Motala AIF | 10.40 | |
| 4 | Ida Thunberg -99 | IK Stål | 10.66 | |
| 5 | Jessica Mattsson -98 | Tierps IF FI | 10.96 | |
| 6 | Elin Bärjegård -99 | Leksands FIK | 11.04 | |
| 7 | Sofia Lindh -98 | Upsala IF | 11.58 | |
| 8 | Olivia Sahlin -99 | Åkersberga SK | 11.65 | |

| F13 HÖJD | | | | 2011-01-16 |
|----------|-----------------------|------------------|------|------------|
| 1 | Elin Johansson -98 | IFK Kristinehamn | 1.57 | |
| 2 | Mathilda Eriksson -98 | IFK Tumba | 1.57 | |
| 3 | Sabina Forsberg -98 | Glanshammar IF | 1.48 | |
| 4 | Ebba Gustavsson -98 | Motala AIF | 1.45 | |
| 5 | Jessica Mattsson -98 | Tierps IF FI | 1.45 | |
| 6 | Alva VanDoorn -98 | Motala AIF | 1.36 | |
| 7 | Karin Linderkers -99 | Leksands FIK | 1.36 | |
| 8 | Elin Domberg -98 | KFUM Örebro | 1.33 | |
| 8 | Wilma Toivola -98 | Glanshammar IF | 1.33 | |
| 10 | Linn Gustafsson -98 | IF Göta | 1.33 | |
| 11 | Hanna Högberg -99 | KFUM Örebro | 1.33 | |
| 12 | Emma Jansson -98 | IK Westmannia | 1.28 | |
| 12 | Olivia Sahlin -99 | Åkersberga SK | 1.28 | |
| 12 | Agnes Jansson -98 | IK Westmannia | 1.28 | |
| 15 | Claudia Payton -98 | IF Göta | 1.23 | |
| 16 | Martina Bergqvist -99 | IF Göta | 1.23 | |
| 17 | Emelina Wirebro -99 | Motala AIF | 1.23 | |
| 18 | Alice Evebring -99 | IF Hagen | 1.23 | |
| 19 | Fanny Lindqvist -98 | Åkersberga SK | 1.23 | |
| 20 | Felicia Engberg -98 | Leksands FIK | 1.23 | |
| 21 | Elin Bärjegård -99 | Leksands FIK | 1.18 | |
| 22 | Sandra Westerling -98 | IF Göta | 1.13 | |
| 23 | Alva Cederholm -99 | IK Stål | 1.08 | |

| | 108 | 113 | 118 | 123 | 128 | 133 | 136 | 139 | 142 | 145 | 148 | 151 | 154 | 157 | 160 |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Linn Gustafsson | | o | o | o | o | xo | xxx | | | | | | | | |
| Jessica Mattsson | | | | | | o | xo | o | xxo | o | xxo | xxx | | | |
| Claudia Payton | | o | o | o | xx- | | | | | | | | | | |
| Martina Bergqvist | | o | o | xo | xxx | | | | | | | | | | |
| Sandra Westerling | o | o | xxx | | | | | | | | | | | | |
| Felicia Engberg | o | o | xo | xxo | xxx | | | | | | | | | | |
| Karin Linderkers | o | o | o | xo | o | xxo | xxx | | | | | | | | |
| Emelina Wirebro | o | o | xo | xo | xxx | | | | | | | | | | |
| Alva VanDoorn | | | o | o | o | xo | xxx | | | | | | | | |
| Emma Jansson | | | o | o | xxx | | | | | | | | | | |
| Elin Domberg | | | | o | o | xxx | | | | | | | | | |
| Alva Cederholm | o | xxx | | | | | | | | | | | | | |
| Elin Bärjegård | o | xxo | xxo | xxx | | | | | | | | | | | |
| Wilma Toivola | | | | | o | o | xxx | | | | | | | | |
| Olivia Sahlin | | | o | o | o | xx- | | | | | | | | | |
| Fanny Lindqvist | o | o | o | xxo | xxx | | | | | | | | | | |
| Agnes Jansson | | | o | o | o | xxx | | | | | | | | | |
| Sabina Forsberg | | | | | o | o | o | o | o | o | xo | xxx | | | |
| Elin Johansson | | | | | o | o | o | o | - | o | o | o | o | o | xxx |
| Ebba Gustavsson | | | | | | o | o | o | o | xxo | xxx | | | | |
| Alice Evebring | o | xxo | xxo | xo | xxx | | | | | | | | | | |
| Hanna Högberg | | o | o | o | xo | xxo | xxx | | | | | | | | |
| Mathilda Eriksson | | | | | | | | o | o | o | o | o | o | xo | xxx |

F13 LÄNGD ZON

2011-01-15

| | | | |
|----|-------------------------------|-----------------|------|
| 1 | Mathilda Eriksson -98 | IFK Tumba | 5.04 |
| 2 | Claudia Payton -98 | IF Göta | 4.81 |
| 3 | Fanny Ernestam -98 | KFUM Örebro | 4.77 |
| 4 | Sabina Forsberg -98 | Glanshammars IF | 4.77 |
| 5 | Ida Thunberg -99 | IK Stål | 4.65 |
| 6 | Wilma Toivola -98 | Glanshammars IF | 4.45 |
| 7 | Josefine Larsson -98 | Glanshammars IF | 4.41 |
| 8 | Jessica Mattsson -98 | Tierps IF FI | 4.27 |
| 9 | Klara Flygare -98 | Glanshammars IF | 4.23 |
| 10 | Moa Seger -99 | Glanshammars IF | 4.19 |
| 11 | Julia Persson -98 | IK Westmannia | 4.17 |
| 12 | Alexandra Larsson -98 | IF Göta | 4.16 |
| 13 | Olivia Sahlin -99 | Åkersberga SK | 4.15 |
| 14 | Sofia Lindh -98 | Upsala IF | 4.13 |
| 15 | Alva Lindsmyr -98 | Åsbro GoIF | 4.04 |
| 16 | Emelina Wirebro -99 | Motala AIF | 4.02 |
| 17 | Elin Palmér -98 | KFUM Örebro | 4.02 |
| 18 | Elin Domberg -98 | KFUM Örebro | 4.00 |
| 19 | Felicia Engberg -98 | Leksands FIK | 4.00 |
| 20 | Karin Linderkers -99 | Leksands FIK | 3.96 |
| 21 | Irma Comstedt -99 | KFUM Örebro | 3.96 |
| 22 | Victoria Sandsjoe -98 | IF Göta | 3.95 |
| 23 | Amanda Mattsson -99 | Stocksätters IF | 3.93 |
| 24 | Eunice Nilsson -98 | KFUM Örebro | 3.88 |
| 25 | Anna Lennman -98 | Katrineholms SK | 3.88 |
| 26 | Elin Bärjegård -99 | Leksands FIK | 3.86 |
| 27 | Helena Thim -98 | Upsala IF | 3.80 |
| 28 | Alva Cederholm -99 | IK Stål | 3.77 |
| 29 | Emelie Andersson -98 | KFUM Örebro | 3.76 |
| 30 | Martina Bergqvist -99 | IF Göta | 3.73 |
| 31 | Kajsa Schöien Fritiofsson -98 | IF Göta | 3.65 |
| 32 | Sara Lundmark -99 | IF Göta | 3.65 |
| 33 | Fanny Lindqvist -98 | Åkersberga SK | 3.62 |
| 34 | Emilia Nyberg-Johansson -99 | Åsbro GoIF | 3.58 |
| 35 | Lovisa Larsson -98 | KFUM Örebro | 3.51 |
| 36 | Ida Hamrin -98 | Åkersberga SK | 3.40 |
| 37 | Sofie Håkansson -98 | Åkersberga SK | 3.39 |
| 38 | Elin Nyqvist -99 | KFUM Örebro | 3.34 |
| 39 | Annalisa Billing -98 | Åkersberga SK | 3.33 |
| 40 | Ella Weintraub -99 | Åkersberga SK | 3.31 |
| 41 | Hanna Otterhed -99 | KFUM Örebro | 3.14 |
| - | Maja Gustafsson -98 | Västerås FK | 0.00 |

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|-------------------------|-----|-----|-----|-----|-----|-----|
| Alva Lindsmyr | 404 | x | 386 | | | |
| Amanda Mattsson | 373 | 393 | 388 | | | |
| Irma Comstedt | 388 | 396 | 389 | | | |
| Wilma Toivola | 421 | 417 | 428 | 428 | 433 | 445 |
| Alva Cederholm | 377 | 367 | 354 | | | |
| Jessica Mattsson | 427 | 412 | 405 | 414 | 410 | 427 |
| Claudia Payton | 470 | 447 | 470 | 459 | 481 | 473 |
| Anna Lennman | 375 | 388 | x | | | |
| Emelina Wirebro | 402 | 397 | 397 | | | |
| Sabina Forsberg | 447 | x | 477 | 457 | 453 | 425 |
| Sofia Lindh | 370 | 397 | 413 | | | |
| Hanna Otterhed | 314 | 262 | x | | | |
| Mathilda Eriksson | 486 | 480 | 495 | - | 495 | 504 |
| Olivia Sahlin | 415 | 401 | 407 | | | |
| Felicia Engberg | 400 | 396 | 383 | | | |
| Victoria Sandsjoe | 371 | 390 | 395 | | | |
| Maja Gustafsson | x | x | - | | | |
| Karin Linderkers | 392 | 396 | x | | | |
| Moa Seger | 400 | 419 | 410 | | | |
| Julia Persson | 405 | 397 | 417 | | | |
| Ida Hamrin | 340 | 335 | 337 | | | |
| Helena Thim | 375 | 378 | 380 | | | |
| Sara Lundmark | 365 | 333 | 335 | | | |
| Emelie Andersson | 376 | 364 | 375 | | | |
| Fanny Ernestam | 454 | 461 | 463 | 459 | 456 | 477 |
| Elin Bärjegård | 384 | 383 | 386 | | | |
| Emilia Nyberg-Johansson | 358 | 346 | 345 | | | |

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|---------------------------|-----|-----|-----|-----|-----|-----|
| Elin Palmér | 382 | 384 | 402 | | | |
| Ella Weintraub | 331 | 304 | x | | | |
| Ida Thunberg | 465 | 441 | 425 | 414 | 416 | - |
| Kajsa Schöien Fritiofsson | 365 | 354 | 337 | | | |
| Sofie Håkansson | 336 | 339 | 334 | | | |
| Fanny Lindqvist | 336 | 349 | 362 | | | |
| Martina Bergqvist | 357 | 373 | 369 | | | |
| Annalisa Billing | 286 | x | 333 | | | |
| Elin Domberg | 397 | 381 | 400 | | | |
| Elin Nyqvist | 317 | 334 | 320 | | | |
| Lovisa Larsson | 351 | 338 | 349 | | | |
| Alexandra Larsson | 391 | 416 | 324 | | | |
| Josefine Larsson | 434 | 414 | 435 | 429 | 413 | 441 |
| Eunice Nilsson | 387 | 370 | 388 | | | |
| Klara Flygare | 415 | 412 | 423 | | | |

F13 KULA 2,0

2011-01-16

| | | | | | | | |
|----|-----------------------------|-----------------|-------|------|------|------|------|
| 1 | Ebba Gustavsson -98 | Motala AIF | 12.01 | | | | |
| 2 | Mathilda Eriksson -98 | IFK Tumba | 11.23 | | | | |
| 3 | Claudia Payton -98 | IF Göta | 10.79 | | | | |
| 4 | Louise Vestlund -98 | Kils AIK | 9.86 | | | | |
| 5 | Julia Persson -98 | IK Westmannia | 9.86 | | | | |
| 6 | Ida Olsson -99 | IF Hagen | 9.52 | | | | |
| 7 | Anna Lennman -98 | Katrineholms SK | 9.49 | | | | |
| 8 | Jessica Mattsson -98 | Tierps IF FI | 9.45 | | | | |
| 9 | Martina Bergqvist -99 | IF Göta | 8.92 | | | | |
| 10 | Rebecca Edberg -98 | IK Westmannia | 8.78 | | | | |
| 11 | Amanda Aasa -99 | Habo FIF-04 | 8.72 | | | | |
| 12 | Ida Thunberg -99 | IK Stål | 8.36 | | | | |
| 13 | Alva VanDoorn -98 | Motala AIF | 8.30 | | | | |
| 14 | Eunice Nilsson -98 | KFUM Örebro | 8.25 | | | | |
| 15 | Elin Palmér -98 | KFUM Örebro | 8.06 | | | | |
| 16 | Hanna Wahlström -99 | Åsbro GoIF | 7.96 | | | | |
| 17 | Elin Bärjegård -99 | Leksands FIK | 7.85 | | | | |
| 18 | Linn Gustafsson -98 | IF Göta | 7.47 | | | | |
| 19 | Victoria Sandsjoe -98 | IF Göta | 7.40 | | | | |
| 20 | Alice Evebring -99 | IF Hagen | 7.39 | | | | |
| 21 | Olivia Sahlin -99 | Åkersberga SK | 7.30 | | | | |
| 22 | Sandra Westerling -98 | IF Göta | 7.21 | | | | |
| 23 | Karin Linderkers -99 | Leksands FIK | 6.86 | | | | |
| 24 | Felicia Engberg -98 | Leksands FIK | 6.63 | | | | |
| 25 | Wilma Hallqvist -99 | KFUM Örebro | 6.36 | | | | |
| 26 | Emelina Wirebro -99 | Motala AIF | 6.08 | | | | |
| 27 | Emilia Nyberg-Johansson -99 | Åsbro GoIF | 5.91 | | | | |
| 28 | Alva Cederholm -99 | IK Stål | 5.76 | | | | |
| 29 | Ella Weintraub -99 | Åkersberga SK | 5.36 | | | | |
| | Wilma Hallqvist | 636 | 599 | 505 | | | |
| | Ida Olsson | 901 | 860 | 886 | 867 | 904 | 952 |
| | Emelina Wirebro | 597 | 581 | 608 | | | |
| | Karin Linderkers | 686 | 663 | 657 | | | |
| | Alice Evebring | 739 | 700 | 697 | | | |
| | Eunice Nilsson | 825 | 793 | x | | | |
| | Ebba Gustavsson | 1183 | 1201 | 1200 | 1163 | 1088 | x |
| | Ella Weintraub | 497 | 452 | 536 | | | |
| | Sandra Westerling | 706 | 639 | 721 | | | |
| | Louise Vestlund | x | 886 | 986 | 852 | 854 | 969 |
| | Amanda Aasa | 872 | 833 | 868 | | | |
| | Elin Bärjegård | 785 | 692 | 750 | | | |
| | Olivia Sahlin | 730 | 723 | 719 | | | |
| | Alva VanDoorn | 830 | 823 | 809 | | | |
| | Julia Persson | 896 | 871 | 892 | 893 | 932 | 986 |
| | Claudia Payton | 850 | 991 | 1079 | 1079 | 1023 | 984 |
| | Emilia Nyberg-Johansson | 539 | 496 | 591 | | | |
| | Mathilda Eriksson | 1123 | 1005 | 1107 | 1074 | 1103 | 1064 |
| | Linn Gustafsson | 680 | 747 | 747 | | | |
| | Ida Thunberg | 792 | 800 | 836 | | | |
| | Victoria Sandsjoe | 740 | 662 | 731 | | | |
| | Elin Palmér | 806 | 708 | 788 | | | |
| | Anna Lennman | 922 | 907 | 939 | 949 | 842 | 875 |
| | Felicia Engberg | 644 | 555 | 663 | | | |
| | Jessica Mattsson | 904 | x | 887 | 937 | 929 | 945 |
| | Alva Cederholm | 552 | 576 | 575 | | | |
| | Martina Bergqvist | 892 | 765 | 833 | | | |
| | Rebecca Edberg | x | 871 | 878 | | | |
| | Hanna Wahlström | 776 | 796 | 768 | | | |

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|-------------------------|------------------|------------|------------|
| F11 60 M | HEAT 1 | | 2011-01-16 |
| 1 Hedvig Pettersson -00 | IF Göta | 9.23 Final | |
| 2 Jessica Persson -00 | KFUM Örebro | 9.80 Final | 9.794 |
| 3 Frida Johansson -00 | Karlskoga FIF | 9.84 | |
| 4 Stina Rydell -00 | Råby-Rekarne FIF | 9.85 | |
| 5 Felicia Larsson -00 | Råby-Rekarne FIF | 9.88 | |
| 6 Ebba Löfholm -00 | KFUM Örebro | 10.26 | |
| 7 Ellen Nygård -01 | KFUM Örebro | 10.36 | |

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|------------------------|------------------|------------|--|
| F11 60 M | HEAT 2 | | |
| 1 Sara Lindblom -00 | Råby-Rekarne FIF | 9.52 Final | |
| 2 Emilia Engström -00 | IK Stål | 9.53 Final | |
| 3 Hanna Strandahl -00 | KFUM Örebro | 9.99 | |
| 4 Andrea Bergenulf -00 | Falu IK | 10.14 | |
| 5 Amira Musa -01 | KFUM Örebro | 10.45 | |
| 6 Minna Seger -01 | Glanshammars IF | 10.53 | |
| 7 Alice Nilsson -00 | KFUM Örebro | 11.37 | |

| | | | |
|------------------------|------------------|------------|--|
| F11 60 M | HEAT 3 | | |
| 1 Emily Capobianco -01 | KFUM Örebro | 9.40 Final | |
| 2 Emilia Ekberg -00 | Råby-Rekarne FIF | 9.84 | |
| 3 Ingrid Holmquist -00 | KFUM Örebro | 9.90 | |
| 4 Therese Knutsson -00 | Glanshammars IF | 10.01 | |
| 5 Felicia Sandberg -00 | KFUM Örebro | 11.56 | |
| 6 Amanda Bollmann -00 | KFUM Örebro | 11.99 | |
| 7 Isabell Lindblom -00 | Råby-Rekarne FIF | 12.55 | |

| | | | |
|-----------------------|---------------|------------|--|
| F11 60 M | HEAT 4 | | |
| 1 Ebba Blomstrand -00 | Åsbro GoIF | 9.48 Final | |
| 2 Mathilda Eklund -00 | IK Westmannia | 9.78 Final | |
| 3 Orchina Ghreibo -00 | Motala AIF | 9.81 | |
| 4 Ella Raud -01 | KFUM Örebro | 10.32 | |
| 5 Julia Avonds -00 | KFUM Örebro | 10.33 | |
| 6 Filippa Karaga -01 | KFUM Örebro | 10.37 | |
| 7 Tova Stiberg -01 | KFUM Örebro | 11.04 | |

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|--------------------------|------------------|------------|-------|
| F11 60 M | HEAT 5 | | |
| 1 Mathilda Ekholm -00 | Råby-Rekarne FIF | 9.48 Final | |
| 2 Esther Sandén Alin -00 | Stocksätters IF | 9.80 | 9.800 |
| 3 Karin Palmér -01 | KFUM Örebro | 9.94 | |
| 4 Sara Gustavsson -00 | Råby-Rekarne FIF | 10.25 | |
| 5 Amanda Widlund -00 | Råby-Rekarne FIF | 10.38 | |
| 6 Clara Larsson -01 | KFUM Örebro | 10.63 | |
| 7 Elsa Karlsson -00 | KFUM Örebro | 11.41 | |

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|-------------------------|------------------|------|------------|
| F11 60 M | FINAL | | 2011-01-16 |
| 1 Hedvig Pettersson -00 | IF Göta | 9.12 | |
| 2 Emily Capobianco -01 | KFUM Örebro | 9.38 | |
| 3 Mathilda Ekholm -00 | Råby-Rekarne FIF | 9.39 | |
| 4 Sara Lindblom -00 | Råby-Rekarne FIF | 9.54 | |
| 5 Ebba Blomstrand -00 | Åsbro GoIF | 9.69 | |
| 6 Emilia Engström -00 | IK Stål | 9.71 | |
| 7 Jessica Persson -00 | KFUM Örebro | 9.76 | |
| 8 Mathilda Eklund -00 | IK Westmannia | 9.82 | |

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|-----------------------|-------------|-------|------------|
| F11 200 M | HEAT 1 | | 2011-01-15 |
| 1 Karin Palmér -01 | KFUM Örebro | 35.05 | |
| 2 Maja Hammarland -01 | KFUM Örebro | 36.57 | |
| 3 Lotta Eriksson -00 | IF Göta | 38.99 | |

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|----------------------|-------------|-------|--|
| F11 200 M | HEAT 2 | | |
| 1 Julia Norberg -00 | IK Stål | 36.07 | |
| 2 Malin Lundmark -01 | IF Göta | 36.89 | |
| 3 Alice Nilsson -00 | KFUM Örebro | 40.76 | |

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|---------------------|-------------|-------|
| F11 200 M | HEAT 3 | |
| 1 Julia Avonds -00 | KFUM Örebro | 34.81 |
| 2 Linnéa Bodin -00 | KFUM Örebro | 34.82 |
| 3 Elsa Karlsson -00 | KFUM Örebro | 40.55 |

| | | |
|---------------------------------|-----------------|-------|
| F11 200 M | HEAT 4 | |
| 1 Julia Schöien Fritiofsson -00 | IF Göta | 34.16 |
| 2 Mathilda Eklund -00 | IK Westmannia | 34.43 |
| 3 Therese Knutsson -00 | Glanshammars IF | 35.00 |
| 4 Jennifer Arvidsson -01 | IK Westmannia | 38.64 |

| | | |
|-----------------------|------------------|-------|
| F11 200 M | HEAT 5 | |
| 1 Emilia Ekberg -00 | Råby-Rekarne FIF | 33.01 |
| 2 Sara Gustavsson -00 | Råby-Rekarne FIF | 33.64 |
| 3 Amanda Widlund -00 | Råby-Rekarne FIF | 34.71 |
| 4 Filippa Markl -00 | IK Westmannia | 35.89 |

| | | |
|------------------------|------------------|-------|
| F11 200 M | HEAT 6 | |
| 1 Jessica Persson -00 | KFUM Örebro | 32.96 |
| 2 Frida Johansson -00 | Karlskoga FIF | 33.04 |
| 3 Frida Grandelius -00 | KFUM Örebro | 34.24 |
| 4 Felicia Larsson -00 | Råby-Rekarne FIF | 34.52 |

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|--------------------------|-----------------|-------|
| F11 200 M | HEAT 7 | |
| 1 Malin Eriksson -00 | IFK Tumba | 32.04 |
| 2 Emily Capobianco -01 | KFUM Örebro | 32.17 |
| 3 Orchina Ghreibo -00 | Motala AIF | 32.59 |
| 4 Esther Sandén Alin -00 | Stocksätters IF | 32.94 |

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|-------------------------|------------------|-------|
| F11 200 M | HEAT 8 | |
| 1 Hedvig Pettersson -00 | IF Göta | 30.70 |
| 2 Emilia Engström -00 | IK Stål | 31.46 |
| 3 Sara Lindblom -00 | Råby-Rekarne FIF | 32.07 |
| 4 Mathilda Ekholm -00 | Råby-Rekarne FIF | 32.48 |

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|----------------------------------|------------------|-------|
| F11 200 M | SAMLAD LISTA | |
| 1 Hedvig Pettersson -00 | IF Göta | 30.70 |
| 2 Emilia Engström -00 | IK Stål | 31.46 |
| 3 Malin Eriksson -00 | IFK Tumba | 32.04 |
| 4 Sara Lindblom -00 | Råby-Rekarne FIF | 32.07 |
| 5 Emily Capobianco -01 | KFUM Örebro | 32.17 |
| 6 Mathilda Ekholm -00 | Råby-Rekarne FIF | 32.48 |
| 7 Orchina Ghreibo -00 | Motala AIF | 32.59 |
| 8 Esther Sandén Alin -00 | Stocksätters IF | 32.94 |
| 9 Jessica Persson -00 | KFUM Örebro | 32.96 |
| 10 Emilia Ekberg -00 | Råby-Rekarne FIF | 33.01 |
| 11 Frida Johansson -00 | Karlskoga FIF | 33.04 |
| 12 Sara Gustavsson -00 | Råby-Rekarne FIF | 33.64 |
| 13 Julia Schöien Fritiofsson -00 | IF Göta | 34.16 |
| 14 Frida Grandelius -00 | KFUM Örebro | 34.24 |
| 15 Mathilda Eklund -00 | IK Westmannia | 34.43 |
| 16 Felicia Larsson -00 | Råby-Rekarne FIF | 34.52 |
| 17 Amanda Widlund -00 | Råby-Rekarne FIF | 34.71 |
| 18 Julia Avonds -00 | KFUM Örebro | 34.81 |
| 19 Linnéa Bodin -00 | KFUM Örebro | 34.82 |
| 20 Therese Knutsson -00 | Glanshammars IF | 35.00 |
| 21 Karin Palmér -01 | KFUM Örebro | 35.05 |
| 22 Filippa Markl -00 | IK Westmannia | 35.89 |
| 23 Julia Norberg -00 | IK Stål | 36.07 |
| 24 Maja Hammarland -01 | KFUM Örebro | 36.57 |
| 25 Malin Lundmark -01 | IF Göta | 36.89 |
| 26 Jennifer Arvidsson -01 | IK Westmannia | 38.64 |
| 27 Lotta Eriksson -00 | IF Göta | 38.99 |
| 28 Elsa Karlsson -00 | KFUM Örebro | 40.55 |
| 29 Alice Nilsson -00 | KFUM Örebro | 40.76 |

| F11 600 M | | HEAT 1 | 2011-01-16 |
|-----------|---------------------|------------------|------------|
| 1 | Malin Eriksson -00 | IFK Tumba | 2.01,47 |
| 2 | Emilia Ekberg -00 | Råby-Rekarne FIF | 2.01,80 |
| 3 | Sara Gustavsson -00 | Råby-Rekarne FIF | 2.06,70 |
| 4 | Wilma Larsson -01 | Vilsta IK | 2.09,38 |
| 5 | Linnéa Bodin -00 | KFUM Örebro | 2.12,19 |
| 6 | Orchina Ghreibo -00 | Motala AIF | 2.14,05 |
| 7 | Filippa Markl -00 | IK Westmannia | 2.15,83 |
| 8 | Alva Angergård -00 | KFUM Örebro | 2.22,50 |

| F11 600 M | | HEAT 2 | |
|-----------|----------------------------|------------------|----------|
| 1 | Emilia Engström -00 | IK Stål | 1.56,26 |
| 2 | Hedvig Pettersson -00 | IF Göta | 2.01,05 |
| 3 | Esther Sandén Alin -00 | Stocksätters IF | 2.01,25 |
| 4 | Mathilda Eklund -00 | IK Westmannia | 2.01,79 |
| 5 | Jessica Persson -00 | KFUM Örebro | 2.04,89 |
| 6 | Frida Johansson -00 | Karlskoga FIF | 2.05,48 |
| 7 | Celine Allard-Forsberg -01 | Vilsta IK | 2.05,80 |
| - | Sara Lindblom -00 | Råby-Rekarne FIF | ej start |

| F11 600 M | | SAMLAD LISTA | |
|-----------|----------------------------|------------------|---------|
| 1 | Emilia Engström -00 | IK Stål | 1.56,26 |
| 2 | Hedvig Pettersson -00 | IF Göta | 2.01,05 |
| 3 | Esther Sandén Alin -00 | Stocksätters IF | 2.01,25 |
| 4 | Malin Eriksson -00 | IFK Tumba | 2.01,47 |
| 5 | Mathilda Eklund -00 | IK Westmannia | 2.01,79 |
| 6 | Emilia Ekberg -00 | Råby-Rekarne FIF | 2.01,80 |
| 7 | Jessica Persson -00 | KFUM Örebro | 2.04,89 |
| 8 | Frida Johansson -00 | Karlskoga FIF | 2.05,48 |
| 9 | Celine Allard-Forsberg -01 | Vilsta IK | 2.05,80 |
| 10 | Sara Gustavsson -00 | Råby-Rekarne FIF | 2.06,70 |
| 11 | Wilma Larsson -01 | Vilsta IK | 2.09,38 |
| 12 | Linnéa Bodin -00 | KFUM Örebro | 2.12,19 |
| 13 | Orchina Ghreibo -00 | Motala AIF | 2.14,05 |
| 14 | Filippa Markl -00 | IK Westmannia | 2.15,83 |
| 15 | Alva Angergård -00 | KFUM Örebro | 2.22,50 |

| F11 HÖJD | | | 2011-01-16 |
|----------|-----------------------|------------------|------------|
| 1 | Ebba Blomstrand -00 | Åsbro GoIF | 1.30 |
| 2 | Ingrid Holmquist -00 | KFUM Örebro | 1.30 |
| 3 | Malin Eriksson -00 | IFK Tumba | 1.30 |
| 4 | Felicia Larsson -00 | Råby-Rekarne FIF | 1.30 |
| 4 | Hedvig Pettersson -00 | IF Göta | 1.30 |
| 6 | Stina Rydell -00 | Råby-Rekarne FIF | 1.27 |
| 7 | Jessica Persson -00 | KFUM Örebro | 1.24 |
| 8 | Ebba Löfholm -00 | KFUM Örebro | 1.21 |
| 9 | Emilia Engström -00 | IK Stål | 1.21 |
| 10 | Sara Gustavsson -00 | Råby-Rekarne FIF | 1.21 |
| 11 | Hanna Strandahl -00 | KFUM Örebro | 1.18 |
| 12 | Mathilda Eklund -00 | IK Westmannia | 1.15 |
| 13 | Sara Lindblom -00 | Råby-Rekarne FIF | 1.10 |
| 13 | Amanda Widlund -00 | Råby-Rekarne FIF | 1.10 |
| 15 | Ellen Nygård -01 | KFUM Örebro | 1.10 |
| 16 | Maja Hammarland -01 | KFUM Örebro | 1.10 |
| 17 | Filippa Karaga -01 | KFUM Örebro | 1.05 |
| 18 | Alva Angergård -00 | KFUM Örebro | 1.05 |
| 19 | Amanda Bollmann -00 | KFUM Örebro | 1.00 |
| 20 | Julia Avonds -00 | KFUM Örebro | 0.95 |

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|-------------------|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | 90 | 95 | 100 | 105 | 110 | 115 | 118 | 121 | 124 | 127 | 130 | 133 |
| Hanna Strandahl | | | | o | xxo | xxo | xxo | xxx | | | | |
| Felicia Larsson | | | o | o | o | o | o | xo | o | xo | xxo | xxx |
| Ellen Nygård | xo | o | xo | xo | xo | xxx | | | | | | |
| Maja Hammarland | xo | o | o | xo | xxo | xxx | | | | | | |
| Sara Gustavsson | | o | o | o | o | xo | xxo | xxo | xxx | | | |
| Emilia Engström | | | | o | o | o | o | xxo | xxx | | | |
| Sara Lindblom | | | o | o | o | xxx | | | | | | |
| Ebba Löfholm | | | | o | o | o | xo | o | xxx | | | |
| Amanda Widlund | | o | o | o | o | xxx | | | | | | |
| Hedvig Pettersson | | | | | o | o | xo | xo | o | o | xxo | xxx |
| Filippa Karaga | o | o | xo | o | xxx | | | | | | | |
| Amanda Bollmann | o | o | xo | xxx | | | | | | | | |
| Ingrid Holmquist | | | | | o | o | - | o | o | xxo | xo | xxx |
| Jessica Persson | | | | | o | o | o | o | o | xxx | | |
| Malin Eriksson | | | | o | o | o | o | o | o | o | xxo | xxx |
| Stina Rydell | | | o | o | o | xo | xo | o | xo | xxo | xxx | |
| Ebba Blomstrand | | | | xo | o | o | xo | o | xo | o | o | xxx |
| Alva Angergård | o | o | o | xxo | xxx | | | | | | | |
| Mathilda Eklund | | o | o | xo | xxo | o | xxx | | | | | |
| Julia Avonds | | xo | xxx | | | | | | | | | |

F11 LÄNGD ZON

2011-01-15

| | | | |
|----|-------------------------------|-------------------|------|
| 1 | Mathilda Ekholm -00 | Råby-Rekarne FIF | 4.35 |
| 2 | Hedvig Pettersson -00 | IF Göta | 4.20 |
| 3 | Ebba Blomstrand -00 | Åsbro GoIF | 4.18 |
| 4 | Emily Capobianco -01 | KFUM Örebro | 3.99 |
| 5 | Malin Eriksson -00 | IFK Tumba | 3.95 |
| 6 | Sara Lindblom -00 | Råby-Rekarne FIF | 3.91 |
| 7 | Karin Palmér -01 | KFUM Örebro | 3.77 |
| 8 | Frida Johansson -00 | Karlskoga FIF | 3.77 |
| 9 | Stina Rydell -00 | Råby-Rekarne FIF | 3.73 |
| 10 | Felicia Larsson -00 | Råby-Rekarne FIF | 3.70 |
| 11 | Linnéa Bodin -00 | KFUM Örebro | 3.69 |
| 12 | Emilia Engström -00 | IK Stål | 3.67 |
| 13 | Therese Knutsson -00 | Glanshammars IF | 3.66 |
| 14 | Kajsa Jansson -00 | IK Westmannia | 3.64 |
| 15 | Julia Schöien Fritiofsson -00 | IF Göta | 3.62 |
| 16 | Andrea Bergengulf -00 | Falu IK | 3.59 |
| 17 | Sara Gustavsson -00 | Råby-Rekarne FIF | 3.59 |
| 18 | Frida Grandelius -00 | KFUM Örebro | 3.54 |
| 19 | Emilia Ekberg -00 | Råby-Rekarne FIF | 3.53 |
| 20 | Tilde Jansson -01 | Kvismaredalens IF | 3.52 |
| 21 | Mathilda Eklund -00 | IK Westmannia | 3.51 |
| 22 | Emma Almqvist -00 | Karlskoga FIF | 3.45 |
| 23 | Hanna Strandahl -00 | KFUM Örebro | 3.41 |
| 24 | Orchina Ghreibo -00 | Motala AIF | 3.38 |
| 25 | Amanda Widlund -00 | Råby-Rekarne FIF | 3.29 |
| 26 | Julia Avonds -00 | KFUM Örebro | 3.29 |
| 27 | Filippa Markl -00 | IK Westmannia | 3.26 |
| 28 | Julia Norberg -00 | IK Stål | 3.20 |
| 29 | Tova Stiberg -01 | KFUM Örebro | 3.15 |
| 30 | Esther Sandén Alin -00 | Stocksätters IF | 3.14 |
| 31 | Zara Strandgren -01 | Kvismaredalens IF | 3.10 |
| 32 | Lotta Eriksson -00 | IF Göta | 3.02 |
| 33 | Alice Nilsson -00 | KFUM Örebro | 2.96 |
| 34 | Filippa Carenbäck -00 | KFUM Örebro | 2.93 |
| 35 | Ella Raud -01 | KFUM Örebro | 2.87 |
| 36 | Amira Musa -01 | KFUM Örebro | 2.84 |
| 37 | Elsa Karlsson -00 | KFUM Örebro | 2.80 |
| 38 | Alva Angergård -00 | KFUM Örebro | 2.79 |
| 39 | Ebba Hammarström-Löfgren -01 | KFUM Örebro | 2.73 |
| 40 | Selma Svensk -01 | KFUM Örebro | 2.49 |
| 41 | Clara Larsson -01 | KFUM Örebro | 2.45 |
| 42 | Amanda Bollmann -00 | KFUM Örebro | 2.38 |
| 43 | Minna Seger -01 | Glanshammars IF | 2.10 |
| 44 | Isabell Lindblom -00 | Råby-Rekarne FIF | 1.94 |

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|-----------------|-----|-----|-----|
| Hanna Strandahl | 341 | 328 | 319 |
| Stina Rydell | 373 | 351 | 360 |
| Sara Gustavsson | 359 | 344 | 352 |

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|---------------------------|-----|-----|-----|-----|-----|-----|
| Mathilda Ekholm | 435 | 402 | 402 | - | 409 | 421 |
| Lotta Eriksson | x | 302 | x | | | |
| Elsa Karlsson | 224 | 280 | x | | | |
| Ebba Hammarström-Löfgren | 273 | 259 | 254 | | | |
| Andrea Bergenuulf | 359 | 353 | 340 | | | |
| Malin Eriksson | 349 | 360 | 393 | 371 | 386 | 395 |
| Isabell Lindblom | 185 | x | 194 | | | |
| Ella Raud | 280 | 287 | 225 | | | |
| Mathilda Eklund | 343 | 351 | 339 | | | |
| Hedvig Pettersson | 405 | 410 | 414 | 414 | 420 | 414 |
| Frida Johansson | 377 | 362 | 368 | 358 | 367 | 357 |
| Alice Nilsson | 296 | 273 | 289 | | | |
| Linnéa Bodin | 362 | 353 | 369 | | | |
| Julia Norberg | 311 | 317 | 320 | | | |
| Karin Palmér | 377 | 336 | 345 | 361 | 363 | 369 |
| Orchina Ghreibo | x | 338 | 328 | | | |
| Minna Seger | 210 | x | x | | | |
| Tova Stiberg | 315 | 267 | 294 | | | |
| Filippa Carenbäck | 281 | 268 | 293 | | | |
| Emily Capobianco | 399 | 377 | 355 | 365 | 361 | 382 |
| Zara Strandgren | 289 | 307 | 310 | | | |
| Emma Almqvist | 345 | 318 | 327 | | | |
| Frida Grandelius | 336 | 354 | 324 | | | |
| Amanda Widlund | 288 | 318 | 329 | | | |
| Tilde Jansson | 352 | 224 | 219 | | | |
| Kajsa Jansson | 357 | x | 364 | | | |
| Amanda Bollmann | 238 | x | 234 | | | |
| Selma Svensk | 249 | 233 | 218 | | | |
| Esther Sandén Alin | 314 | 306 | 310 | | | |
| Alva Angergård | 279 | 279 | 268 | | | |
| Ebba Blomstrand | 396 | x | 400 | 389 | 418 | 402 |
| Sara Lindblom | 365 | x | 379 | 383 | 381 | 391 |
| Therese Knutsson | 341 | 366 | x | | | |
| Felicia Larsson | 368 | 370 | 357 | | | |
| Amira Musa | x | 284 | 283 | | | |
| Julia Avonds | 329 | 314 | 314 | | | |
| Filippa Markl | 311 | 312 | 326 | | | |
| Emilia Engström | 334 | 359 | 367 | | | |
| Julia Schöien Fritiofsson | 362 | 353 | x | | | |
| Emilia Ekberg | 347 | 353 | 330 | | | |
| Clara Larsson | 245 | x | x | | | |

F11 KULA 2,0

2011-01-15

| | | |
|---------------------------------|-------------------|------|
| 1 Hedvig Pettersson -00 | IF Göta | 8.62 |
| 2 Kajsa Jansson -00 | IK Westmannia | 8.48 |
| 3 Malin Eriksson -00 | IFK Tumba | 8.00 |
| 4 Sara Gustavsson -00 | Råby-Rekarne FIF | 7.66 |
| 5 Frida Grandelius -00 | KFUM Örebro | 7.65 |
| 6 Mathilda Eklund -00 | Råby-Rekarne FIF | 7.45 |
| 7 Emma Almqvist -00 | Karlskoga FIF | 7.40 |
| 8 Ebba Blomstrand-00 | Åsbro | 6.88 |
| 9 Amanda Widlund -00 | Råby-Rekarne FIF | 6.87 |
| 10 Mathilda Eklund -00 | IK Westmannia | 6.65 |
| 11 Felicia Larsson -00 | Råby-Rekarne FIF | 5.89 |
| 12 Linnéa Bodin -00 | KFUM Örebro | 5.71 |
| 13 Julia Norberg -00 | IK Stål | 5.70 |
| 14 Stina Rydell -00 | Råby-Rekarne FIF | 5.59 |
| 15 Karin Palmér -01 | KFUM Örebro | 5.12 |
| 16 Esther Sandén Alin -00 | Stocksätters IF | 4.92 |
| 17 Felicia Sandberg -00 | KFUM Örebro | 4.90 |
| 18 Valantina Mourad -01 | Kvismaredalens IF | 4.89 |
| 19 Amanda Bollmann -00 | KFUM Örebro | 4.79 |
| 20 Filippa Karaga -01 | KFUM Örebro | 4.74 |
| 21 Zara Strandgren -01 | Kvismaredalens IF | 4.62 |
| 22 Hanna Strandahl -00 | KFUM Örebro | 4.50 |
| 23 Maja Hammarland -01 | KFUM Örebro | 4.49 |
| 24 Ebba Hammarström-Löfgren -01 | KFUM Örebro | 4.45 |
| 25 Elsa Karlsson -00 | KFUM Örebro | 4.43 |
| 26 Amira Musa -01 | KFUM Örebro | 4.10 |
| 27 Alice Nilsson -00 | KFUM Örebro | 4.02 |
| 28 Tilde Jansson -01 | Kvismaredalens IF | 3.85 |
| 29 Malin Lundmark -01 | IF Göta | 3.66 |

| | | | | | | |
|--------------------------|-----|-----|-----|-----|-----|-----|
| Emma Almqvist | 723 | 713 | 718 | 740 | 735 | 707 |
| Hanna Strandahl | 373 | 428 | 450 | | | |
| Malin Lundmark | 347 | 366 | 329 | | | |
| Hedvig Pettersson | 787 | 764 | 862 | 781 | 842 | 796 |
| Kajsa Jansson | 848 | 785 | 800 | 790 | 804 | 796 |
| Stina Rydell | 531 | 555 | 559 | | | |
| Filippa Karaga | 474 | x | 444 | | | |
| Julia Norberg | 545 | 525 | 570 | | | |
| Karin Palmér | 512 | x | 503 | | | |
| Mathilda Eklund | 665 | 649 | 550 | | | |
| Elsa Karlsson | 443 | 430 | x | | | |
| Amanda Widlund | 687 | 520 | 638 | | | |
| Zara Strandgren | 377 | 462 | 421 | | | |
| Malin Eriksson | 789 | 800 | 734 | 735 | x | 731 |
| Amira Musa | 401 | 410 | 409 | | | |
| Amanda Bollmann | x | 473 | 479 | | | |
| Tilde Jansson | 385 | 366 | 376 | | | |
| Linnéa Bodin | 491 | 571 | 563 | | | |
| Frida Grandelius | 760 | 765 | 739 | 723 | 703 | 678 |
| Maja Hammarland | 393 | 449 | 374 | | | |
| Felicia Sandberg | 453 | 490 | 452 | | | |
| Esther Sandén Alin | 450 | 451 | 492 | | | |
| Felicia Larsson | 589 | 557 | 581 | | | |
| Sara Gustavsson | 708 | 717 | 689 | 766 | 668 | 715 |
| Mathilda Ekholm | 680 | 723 | 663 | 745 | 702 | 704 |
| Ebba Hammarström-Löfgrén | 425 | 418 | 445 | | | |
| Alice Nilsson | 392 | 401 | 402 | | | |
| Valantina Mourad | 459 | 450 | 489 | | | |
| Ebba Blomstrand-00 | 688 | 632 | 655 | - | - | - |

F9 60 M

HEAT 1

2011-01-16

| | | | |
|-------------------------|-----------------|-------|-------|
| 1 Olivia Malm -02 | KFUM Örebro | 10.58 | Final |
| 2 Sofie Franzén -02 | KFUM Örebro | 10.59 | Final |
| 3 Johanna Sedström -02 | Åsbro GoIF | 10.97 | |
| 4 Elvira Forsberg -02 | Glanshammars IF | 11.00 | |
| 5 Beatrice Wadejörd -02 | KFUM Örebro | 11.11 | |
| 6 Johanna Auvinen -02 | IK Westmannia | 11.37 | |
| 7 Wendela Högvist -02 | Åsbro GoIF | 11.41 | |
| 8 Belle Bergmark -02 | Glanshammars IF | 12.10 | |

F9 60 M

HEAT 2

| | | | |
|------------------------|-----------------|-------|-------|
| 1 Ida Pettersson -02 | KFUM Örebro | 10.39 | Final |
| 2 Clara Bernhult -02 | KFUM Örebro | 10.46 | Final |
| 3 Nellie Olsson -02 | Leksands FIK | 10.95 | |
| 4 Ebba Lindström -02 | Glanshammars IF | 11.03 | |
| 5 Elvira Lindqvist -02 | KFUM Örebro | 11.84 | |
| 6 Stina Hagberg -02 | Glanshammars IF | 12.03 | |
| 7 Maja Nilsson -02 | KFUM Örebro | 12.63 | |

F9 60 M

HEAT 3

| | | | |
|-------------------------|-----------------|-------|-------|
| 1 Alva Pettersson -02 | IF Göta | 10.29 | Final |
| 2 Johanna Wirebro -02 | Motala AIF | 10.62 | Final |
| 3 Lisa Larsson -02 | KFUM Örebro | 10.78 | Final |
| 4 Hanna Knutsson -02 | Glanshammars IF | 10.80 | Final |
| 5 Elin Ståhl -02 | KFUM Örebro | 10.99 | |
| 6 Nellie Karlsson -02 | Motala AIF | 11.12 | |
| 7 Julia Månsson -02 | Glanshammars IF | 11.70 | |
| 8 Felicia Carenbäck -02 | KFUM Örebro | 12.27 | |

F9 60 M

FINAL

2011-01-16

| | | | |
|-----------------------|-----------------|-------|--|
| 1 Alva Pettersson -02 | IF Göta | 10.28 | |
| 2 Clara Bernhult -02 | KFUM Örebro | 10.42 | |
| 3 Ida Pettersson -02 | KFUM Örebro | 10.50 | |
| 4 Johanna Wirebro -02 | Motala AIF | 10.52 | |
| 5 Sofie Franzén -02 | KFUM Örebro | 10.61 | |
| 6 Olivia Malm -02 | KFUM Örebro | 10.69 | |
| 7 Lisa Larsson -02 | KFUM Örebro | 10.82 | |
| 8 Hanna Knutsson -02 | Glanshammars IF | 10.83 | |

| F9 400 M | | | 2011-01-15 |
|----------|-----------------------|-----------------|------------|
| 1 | Cornelia Fernsten -02 | KFUM Örebro | 1.24,05 |
| 2 | Elvira Forsberg -02 | Glanshammars IF | 1.25,40 |
| 3 | Johanna Wirebro -02 | Motala AIF | 1.26,65 |
| 4 | Olivia Malm -02 | KFUM Örebro | 1.30,09 |
| 5 | Nellie Olsson -02 | Leksands FIK | 1.30,60 |
| 6 | Sofie Franzén -02 | KFUM Örebro | 1.31,07 |
| 7 | Emma Johansson -02 | Stocksätters IF | 1.31,72 |

| F9 LÄNGD ZON | | | 2011-01-16 |
|--------------|-----------------------|-----------------|------------|
| 1 | Johanna Wirebro -02 | Motala AIF | 3.21 |
| 2 | Alva Pettersson -02 | IF Göta | 3.16 |
| 3 | Clara Bernhult -02 | KFUM Örebro | 3.14 |
| 4 | Ida Pettersson -02 | KFUM Örebro | 3.08 |
| 5 | Elvira Forsberg -02 | Glanshammars IF | 2.95 |
| 6 | Nellie Olsson -02 | Leksands FIK | 2.95 |
| 7 | Nellie Karlsson -02 | Motala AIF | 2.91 |
| 8 | Elin Ståhl -02 | KFUM Örebro | 2.85 |
| 9 | Olivia Malm -02 | KFUM Örebro | 2.76 |
| 10 | Elin Lager -02 | KFUM Örebro | 2.73 |
| 11 | Lisa Larsson -02 | KFUM Örebro | 2.72 |
| 12 | Johanna Sedström -02 | Åsbro GoIF | 2.71 |
| 13 | Johanna Auvinen -02 | IK Westmannia | 2.66 |
| 14 | Julia Sjömark -02 | Glanshammars IF | 2.65 |
| 15 | Hanna Knutsson -02 | Glanshammars IF | 2.65 |
| 16 | Ebba Lindström -02 | Glanshammars IF | 2.54 |
| 17 | Elvira Lindqvist -02 | KFUM Örebro | 2.36 |
| 18 | Wendela Högvist -02 | Åsbro GoIF | 2.35 |
| 19 | Felicia Carenbäck -02 | KFUM Örebro | 2.27 |
| 20 | Julia Månsson -02 | Glanshammars IF | 2.21 |
| 21 | Maja Nilsson -02 | KFUM Örebro | 2.19 |
| 22 | Belle Bergmark -02 | Glanshammars IF | 2.18 |
| 23 | Stina Hagberg -02 | Glanshammars IF | 2.16 |

| | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|
| Ebba Lindström | 254 | 230 | 242 | | | |
| Nellie Karlsson | 277 | 281 | 287 | 282 | 280 | 291 |
| Julia Sjömark | 259 | 235 | 265 | | | |
| Johanna Wirebro | 300 | 283 | 305 | 302 | 311 | 321 |
| Hanna Knutsson | 257 | 237 | 265 | | | |
| Elin Ståhl | 282 | 285 | 277 | 242 | 258 | 281 |
| Lisa Larsson | 272 | 255 | 221 | | | |
| Elin Lager | 273 | 269 | 258 | | | |
| Johanna Auvinen | 266 | 261 | 256 | | | |
| Wendela Högvist | 229 | 232 | 235 | | | |
| Johanna Sedström | 267 | x | 271 | | | |
| Maja Nilsson | 219 | 187 | 204 | | | |
| Belle Bergmark | 204 | 158 | 218 | | | |
| Julia Månsson | 213 | 221 | 219 | | | |
| Felicia Carenbäck | 227 | 195 | 187 | | | |
| Clara Bernhult | 291 | 298 | 294 | 293 | 314 | 313 |
| Elvira Lindqvist | 236 | 229 | 234 | | | |
| Alva Pettersson | 311 | 292 | 287 | 316 | 303 | 314 |
| Olivia Malm | 259 | 276 | x | | | |
| Nellie Olsson | 278 | 273 | 286 | 260 | 286 | 295 |
| Stina Hagberg | 216 | 205 | 201 | | | |
| Elvira Forsberg | 260 | 245 | 283 | 281 | 287 | 295 |
| Ida Pettersson | x | 297 | 262 | 301 | 308 | 294 |

| F9 KULA 2,0 | | | 2011-01-15 |
|-------------|---------------------|-----------------|------------|
| 1 | Emma Johansson -02 | Stocksätters IF | 5.59 |
| 2 | Elin Lager -02 | KFUM Örebro | 5.39 |
| 3 | Johanna Wirebro -02 | Motala AIF | 4.11 |
| 4 | Olivia Malm -02 | KFUM Örebro | 4.11 |
| 5 | Elvira Forsberg -02 | Glanshammars IF | 4.08 |
| 6 | Johanna Auvinen -02 | IK Westmannia | 3.91 |
| 7 | Maja Nilsson -02 | KFUM Örebro | 3.24 |
| 8 | Julia Sjömark -02 | Glanshammars IF | 3.13 |

| | | | | | | |
|-----------------|-----|-----|-----|-----|-----|-----|
| Elvira Forsberg | 408 | 339 | x | 319 | x | 368 |
| Maja Nilsson | 270 | x | 308 | 324 | x | 237 |
| Julia Sjömark | 233 | 296 | 294 | 262 | 299 | 313 |
| Elin Lager | 535 | 537 | 500 | 536 | 539 | 528 |
| Olivia Malm | x | x | x | 301 | 330 | 411 |
| Emma Johansson | 559 | x | 395 | 540 | 433 | 533 |
| Johanna Wirebro | x | 406 | 398 | 276 | 391 | 411 |
| Johanna Auvinen | 330 | 350 | 271 | 391 | 388 | 371 |

F8 60 M

2011-01-16

| | | |
|-------------------------|---------------|-------|
| 1 Selma Holtbeck -03 | Sköllersta IF | 11.07 |
| 2 Lovisa Pettersson -03 | Lidköpings IS | 11.10 |
| 3 Tilda Bernhult -04 | KFUM Örebro | 11.57 |
| 4 Nicolina Wiberg -04 | IK Stål | 11.83 |
| 5 Julia Runesson -03 | KFUM Örebro | 12.10 |

F8 400 M

2011-01-15

| | | |
|-------------------------|-----------------|---------|
| 1 Klara Frykholm -03 | Glanshammars IF | 1.29,40 |
| 2 Lovisa Pettersson -03 | Lidköpings IS | 1.30,93 |
| 3 Tindra Frykholm -03 | Glanshammars IF | 1.31,64 |
| 4 Iris Sandén Alin -04 | Stocksätters IF | 1.43,25 |

F8 LÄNGD ZON

2011-01-16

| | | |
|-------------------------|---------------|------|
| 1 Selma Holtbeck -03 | Sköllersta IF | 2.86 |
| 2 Tilda Bernhult -04 | KFUM Örebro | 2.81 |
| 3 Lovisa Pettersson -03 | Lidköpings IS | 2.61 |
| 4 Nicolina Wiberg -04 | IK Stål | 2.33 |
| 5 Julia Runesson -03 | KFUM Örebro | 2.22 |

| | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|
| Tilda Bernhult | 275 | 267 | 277 | 275 | 271 | 281 |
| Lovisa Pettersson | 261 | 242 | 248 | 260 | 246 | 252 |
| Julia Runesson | 194 | 217 | 222 | 214 | 218 | 220 |
| Nicolina Wiberg | 230 | 226 | 230 | 233 | 220 | 226 |
| Selma Holtbeck | 275 | 286 | 266 | 232 | 281 | 283 |

F8 KULA 2,0

2011-01-15

| | | |
|-------------------------|-------------|------|
| 1 Nicolina Wiberg -04 | IK Stål | 3.40 |
| 2 Kerstin Nordqvist -03 | KFUM Örebro | 3.31 |
| 3 Julia Runesson -03 | KFUM Örebro | 3.30 |

| | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|
| Julia Runesson | 312 | 285 | 295 | 275 | 274 | 330 |
| Nicolina Wiberg | 340 | 237 | 258 | 290 | 216 | 270 |
| Kerstin Nordqvist | 239 | x | 315 | 316 | 331 | 304 |